Yarmouth Community Services



Your Parks & Recreation Home Spring & Summer 2020

DIGITAL VERSION UPDATED WITH CANCELLATIONS AND POSTPONEMENTS

Ask us about youth & adult scholarship opportunities!

We want your feedback. Scan the QR code to fill out a quick program survey. Or go to: www.surveymonkey.com/r/ycsprograms



Adult, Youth & Family Activity Guide

ONLINE ONLY REGISTRATION BEGINS MARCH 30th WALK-IN & PHONE REGISTRATION BEGINS APRIL 2nd

Index

| <u>Adult Programs</u> | Youth & Teen Programs |
|--|---|
| Adults Out & About6-8 | All Sports Camps |
| Art12 | Anglers Fishing Camp38 |
| Ballroom Dancing10 | April Vacation Camps24 |
| CPR, BLS & First Aid13 | Art30-31 |
| Exploring Movement with Donna Guilmain 10 | Baseball Camp |
| Hapkido9 | Basketball Camps31 |
| Healthy Living for Adults11 | Counselor In Training (C.I.T.) Program 28 |
| Kripalu Yoga9 | Day Camps (Youth, Teen & Pee Wee) 26-27 |
| Lunch Crunch Jobs & Volunteer Opps 15, 17 | Disney Glee Singers24 |
| Mah Jongg10 | Driver's Education |
| Pickleball10 | Field Hockey |
| PiYo10 | Football Programs42 |
| R.A.D. Self Defense for Women13 | Freedom of Expression for Girls |
| Zumba9 | Garden Camp34 |
| Special Information | Golf Programs |
| Special Information | Hapkido24 |
| Canoe Rentals 16 Chili & Chowder Cook-Off 20 | Jr. Chef Camp |
| | Kayak & Paddling Camps |
| Community Connections | Kickball Classic39 |
| Community Garden | Lacrosse Camps |
| Clipper Care | LEGO Camp |
| Discount Ticket Programback page Easter Egg Hunt47 | Lunch Crunch Jobs & Volunteer Opps 15, 17 |
| Election Info for 2020 | Science Camps |
| | Makerspace Camp |
| Employment Opportunities | Mission Ambition Camp |
| Historical Society43 | Movie Making25 |
| Lunch Crunch Jobs & Volunteer Opps 15, 17 | Outdoor Strategy Games |
| Merrill Memorial Library43 | Quest Seekers |
| Open Space Work Groups16 | Ramblers Running (Fall) |
| Summer Arts Series Schedule22-23 | Soccer Camps & Programs 25, 36, 40, 41 |
| Summer Movies in the Park Schedule21 | Spring After School24 - 25 |
| Trunk-or-Treat | Teen Programs |
| YCAN | Tennis Camps |
| 1 CA1143 | Theatre Camps |
| | Wiffle Ball Classic39 |

Creating community through people, parks and programs.

Yarmouth Community Services Staff

Mike Caron, Assistant Director
Erik Donohoe, Parks Specialist
Hali Fortin, Family Services Coordinator
Andrew Gabrielson, Tree Warden
Zany Holman, Resource Specialist
Karyn MacNeill, Director
Lori Madden, Office Admin/Program Admin.
Bob Priest, Program Supervisor
Maryanne Strand, Program Administrator
Zac Wiest, Parks Superintendent

The mission of Yarmouth Community Services is to provide and maintain responsive leisure and educational opportunities, facilities and services that enhance and improve the quality of life for Yarmouth residents and guests.

Summer Camp Reference

| | | Grade as of Fall 2020 (Age) | | | | | | | | | |
|-----------|------------------------------------|-----------------------------|------|-------|---|---|---|---------------|--------------|--------|----|
| | | Pre K (2-4) | К | 1 (6) | 2 | 3 | 4 | 5 (10) | 7 | 8 (13) | 9+ |
| 6/17 - | Junior Chef Camp | 1101(21) | - 1. | 2 (0) | | _ | | 3 (20) | <u> </u> | 0 (10) | |
| 6/19 | Yarmouth Anglers #1 | | | | | | | | | | |
| -, | All Sports Camp #1 | | | | | | | | | | |
| | Girls Summer Basketball | | | | | | | | | | |
| | InsideOut Arts | | | | | | | | | | |
| 6/22 - | Summer Middle School Golf | | | | | | | | | | |
| 6/26 | Middle School Tennis Camp | | | | | | | | | | |
| • | Rec Camp/ Pee Wee Camp #1 | | | | | | | | | | |
| | Teen Camp Week #1 | | | | | | | | | | |
| | Theater Camp: Beauty & Beast | | | | | | | | | | |
| | Art Attack Week #1 | | | | | | | | | | |
| | Grand Slam Tennis - Junior Camp | | | | | | | | | | |
| 6/29 - | Rec Camp/ Pee Wee Camp #2 | | | | | | | | | | |
| 7/3 | Science Extravaganza Camp | | | | | | | | | | |
| | Summer Movie Making Camp | | | | | | | | | | |
| | Teen Camp Week #2 | | | | | | | | | | |
| | All Sports Camp #2 | | | | | | | | | | |
| | Art Attack Week #2 | | | | | | | | | | |
| | Art for Early-Risers | | | | | | | | | | |
| 710 | Brick By Brick: Legos! | | | | | | | | | | |
| 7/6 - | Garden Explorer Camp | | | | | | | | | | |
| 7/10 | Quick Start Tennis Camp | | | | | | | | | | |
| | Rec Camp/ Pee Wee Camp #3 | | | | | | | | | | |
| | Summer Field Hockey Camp | | | | | | | | | | |
| | Teen Camp Week #3 | | | | | | | | | | |
| | Art Attack Week #3 | | | | | | | | | | |
| | Edge Baseball Camp | | | | | | | | | | |
| | Gray Wolves Lacrosse Camp | | | | | | | | | | |
| | Junior Clipper Basketball Camp | | | | | | | | | | |
| 7/13 - | Kayak & Paddleboard Camp | | | | | | | | | | |
| 7/17 | Mad Science Camp | | | | | | | | | | |
| | Makerspace Camp | | | | | | | | | | |
| | Rec Camp/ Pee Wee Camp #4 | | | | | | | | | | |
| | Teen Camp Week #4 | | | | | | | | | | |
| | Theater Camp: 101 Dalmatians | | | | | | | | | | |
| | All Sports Camp #3 | | | | | | | | | | |
| | Art Attack Week #4 | | | | | | | | | | |
| 7/20 - | Downeast Lacrosse for Girls | | | | | | | | | | |
| 7/24 | Downeast Sticklets Lacrosse | | | | | | | | | | |
| ., | Freedom of Expression for Girls | | | | | | | | | | |
| | Rec Camp/ Pee Wee Camp #5 | | | | | | | | | | |
| | Teen Camp Week #5 | | | | | | | | | | |
| | Art Attack Week #5 | | | | | | | | | | |
| | Art in the A.M. | | | | | | | $\overline{}$ | | | |
| 7/27 - | Boys Middle School Basketball Camp | | | | | | | | | | |
| 7/31 | Grand Slam Tennis - Junior Camp | | | | | | | | | | |
| | Rec Camp/ Pee Wee Camp #6 | | | | | | | | | | |
| | Teen Camp Week #6 | | | | | | | | | | |
| | Art Attack Week #6 | 1 | | | | | | | | _ | |
| 8/3 - 8/7 | Mission Ambition for Girls | | | | | | | | | | |
| ,. | Rec Camp/ Pee Wee Camp #7 | | | | | | | | | | |
| | VEX IQ Robotics Camp | | | | | | | | | | |
| _ | Advanced Overnight Kayak Camp | 1 | | | | | | | | | |
| 8/10 - | Art Attack Week #7 | | | | | | | | | | |
| 8/14 | GPS/Clipper Soccer Camp | | | | | | | | | | |
| | Quest Seekers | | | | | | | | | | |
| • | Art Attack Week #8 | | | | | | | | | | |
| 8/21 | Yarmouth Anglers #2 | | | | | | | | | | |
| 8/24 - | Art Attack Week #9 | | | | | | | | | | |
| | Fall Middle School Golf | | | | | ı | | | | | ı |

For Your Information

Address: 200 Main Street

Yarmouth, ME 04096

Office Location: 200 Main Street - REAR building Website: www.yarmouthcommunityservices.org

Telephone: (207) 846-2406

Email: YCSadmin@yarmouth.me.us Office Hours: Monday through Friday,

8:30 am - 4:30 pm

How and When to Register

Yarmouth residents may register on-line beginning at 8:30 am on March 30th. On-line registration is available 24 hours a day, 7 days a week. *Please note that additional charges may apply for online registrations and some programs may not offer online registration.*

Resident walk-in and phone registration begins Thursday, April 2nd during office hours 8:30 am - 4:30 pm. Non-resident registration begins April 7th. For program planning purposes, please register for classes and programs no later than 48 hours/2 business days prior to the first class meeting to avoid a \$10 late registration fee. Remember, nothing cancels a program quicker than waiting until the last minute to register!

Many classes and programs have limited enrollments and quickly fill. If you find the class is full at the time you register, please ask to be placed on a waitlist. We would be happy to help you.

Registration is accepted in many convenient ways: on-line, in-person, by mail or by phone. Telephone registrations are accepted using VISA, MasterCard and DISCOVER only. Additional charges may apply for online registrations. Sorry, but at this time we do not accept FAX registrations.

Fees and Confirmation

The **program fees** are stated at the end of each course or program description. **Non-residents** must add \$3 per program and **senior citizens**, 60 and older, may deduct 10% off the stated registration fee; both apply unless otherwise noted. Adult trip pricing reflects senior discount.

Lab fees are payable directly to the instructor for materials purchased by the instructor for the students' use.

Fee Waivers and **Payment Plans** are available for some programs. These services are <u>for Yarmouth</u> residents only.

In order to receive an emailed registration receipt and confirmation, please ensure that we have your correct, up-to-date email address on file.

Ouestions?

Call: Yarmouth Community Services at 846-2406 Click: www.yarmouthcommunityservices.org Visit: 200 Main Street, behind Town Hall Email: YCSadmin@yarmouth.me.us

Check us out and like us on Facebook:

www.facebook.com/yarmouthcs

Are you ready to register? Visit us at www.yarmouthcommunityservices.com

Changes and Cancellations

We cancel or make changes to courses only when absolutely necessary. We will notify all registered participants by phone, text, or email of any changes whenever possible. YCS reserves the right to cancel or consolidate any program that does not meet minimum participant registration numbers. For program planning purposes, please register for classes and programs no later than 48 hours/2 business days prior to the first class meeting to avoid a \$10 late registration fee.

The YCS office will be closed and programs are NOT held on the following dates: April 20th, May 25th, July 3rd, July 17th, and September 7th unless noted otherwise.

Program cancellations determined after-hours will be announced by email, text, or on our Facebook page and at www.yarmouthcommunityservices.org.

To receive immediate changes to any of your enrolled programs, please provide us with your cell phone number and name of your cell carrier (e.g. AT&T, Verizon, etc.). This service is free and convenient and helps get last minute updates and information directly to you!

For Your Information

Course Instructors Wanted

Yarmouth Community Services is always seeking instructors for new courses. If you have an idea for an interesting course you wish to teach for youth or adults, please complete the online Course Proposal Form at www.yarmouthcommunityservices.org.

<u>The deadline for Fall 2020 - Winter 2021 course</u> <u>proposals is July 1st, 2020.</u> Course Proposal Forms can be completed on our web-site:

www.yarmouthcommunityservices.org

Volunteer Coaches Needed!

Please help us continue our tradition of quality sports programming by volunteering to be a soccer, XC ski, basketball, baseball, lacrosse or running coach. Training and certification is available. Give us a call at 846-2406 to get started. Thanks for your interest and support!

Facility Scheduling

Yarmouth Community Services handles the scheduling of facilities including all school buildings, the East Main Street Community House, athletic fields, parks, and open spaces. Avoid conflicts with school events, sports, meetings and community events and schedule your events early! We are happy to help. Call us at 846-2406.

To request use of a facility or field, contact Maryanne Strand in the YCS office. Requests must be made at least two weeks prior to the proposed event date for proper processing. Please note that school related activities and Yarmouth Community Services programs have priority for facility use.

Confidential Fee Waivers

The Town Council has adopted a fee waiver program to help Yarmouth citizens who need financial assistance with YCS program participation fees. Documentation is required for approval. Due to limitations, some programs may not be eligible for any fee waivers. We hope that you will take full advantage of the fee waiver program and that you enjoy participation in Yarmouth Community Services' programs. Please contact YCS for guidelines and details.

Payment Plans

Please contact us for further information. Payment plans are available for **Yarmouth residents only**.

How do I get a Refund?

- Full refunds are given when a program you register for is cancelled or rescheduled.
- If you withdraw 5 business days before the first class (excluding weekends and holidays), you will receive a full refund or credit less a \$5 processing fee.
- If you withdraw 2 4 business days before the first class, you will receive a 50% refund or credit less a \$5 processing fee. We must be notified immediately should you decide to withdraw.
- If you withdraw less than 2 business days before the first class, no refund or credit will be provided.
- There are times that fees and supplies must be purchased in advance by an instructor/contractor.
 When this happens, there are times when NO fees may be refunded.
- Refund processing takes up to two weeks.
- We do not provide cash refunds.

Special Needs

In order to ensure complete participation in our programs, please inform us of any specific requirements or accommodations that need to be provided.









Visit our website and like us on Facebook. www.facebook.com/yarmouth.communityservices

Registration website:
www.yarmouthcommunityservices.org
and
www.yarmouthcommunityservices.com

Adults Out & About

Out to Lunch at SMCC

Enjoy the epicurean delights and spectacular views of Casco Bay when dining at Southern Maine Community College's culinary arts dining room. Choose delectable luncheon appetizers, entrees and desserts prepared and served by the culinary arts students. Sign up early so you don't miss out on this popular trip!

Date: Thursday, April 9 Time: 11:00am - 2:00pm

Location: Bus will provide the

Yarmovi Park & ride at exit 15

Fee: \$30

Lunch at North 43 Bistro & Fort Williams

We're headed to Spring Point Marina in South Portland for lunch at North 43 Bistro! Beautifully located on the ocean, our lunch will come with a complementary view overlooking Casco Bay. We will be served one of two entrée choices and dessert before heading to Cape Elizabeth for a chance to explore Fort Williams. Take some time to explore the fort and enjoy the sights of Portland Head Light before heading back to Yarmouth.

Date: Wednesday, April 15 Time: 11:30am - 3:00pm

Location: Bus will pick a Martine ex-15 partyl the in Yarmouth

Fee: \$28 (Transportation, lunch & gratuity included)

Portland Stage: The Children

This Tony-nominated play took both English and American audiences by storm with its journey into the dark past of three nuclear physicists who meet in a 'cottage on the east coast' to contemplate the end of the world. Old memories are relived before a harrowing proposal is revealed: just what will be done about the children?

Date: Thursday, April 23

Time: 1:15pm - Return following show

Location: Bus will pick at the Yarm the Art wide at exit 15

Fee: \$39

Portland Stage: Sabina

This moving new musical illuminates Sabina Spielrein, a patient turned doctor, unfairly sidelined to the margins of history by two famous men in her field of psychiatry, Jung and Freud. Mark the centennial of women's suffrage with a journey through melody and song to discover this truly remarkable woman.

Date: Thursday, May 21

Time: 1:15pm - Return following the show Location: Bus will pick-up at Yarmouth

park & ride at exit 15

Fee: \$39

Savage Oakes and Sweetgrass Wineries: Tours & Tastings

We're going to Union, ME for a visit to two great wineries. First, we will stop for lunch at Slates in Hallowell! After lunch we will head to Savage Oakes Winery for a tour of their facility and some tastings. After our time at Savage Oakes, we will head to Sweetgrass Winery for some more elegant wine tastings.

Date: Friday, May 29 Time: 10:15am - 5:30pm

Location: Bus will pick-up from the exit

15 park & ride in Yarmouth

Fee: \$26

Maine Maritime Museum

Come discover Maine's maritime heritage! Maine Maritime Museum is located on a 20-acre campus on the banks of the Kennebec River. The Museum includes the Percy & Small Shipyard, the only intact historic shipyard in the US, historic shipyard buildings, historic schooner *Mary E* and exhibit galleries. We will have a 45-minute docent lead tour before we explore the museum on our own. After our time at the museum, we will head to lunch on the way home! Lunch is on your own for this trip.

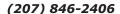
Date: Wednesday, June 24 Time: 9:00am - 2:00pm

Location: Bus will pick-up from the

exit 15 park & ride in Yarmouth

Fee: \$23





Adults Out & About

Maine Quilt Show in Augusta

The 43rd annual Maine Quilt Show will have over 500 quilts on display, various workshops and special exhibits to see. We will head to the Augusta Civic Center to see and explore the show and then enjoy lunch at a local area restaurant. Cost of lunch will be on your own.

Date: Thursday, July 23 Time: 8:30am - 2:30pm

Location: Bus will pick-up from exit 15 park & ride in Yarmouth

Fee: \$19



Leave Portsmouth Harbor and discover the nine legendary islands located six miles off the coast. Settled by Captain John Smith, the Isles of Shoals have had a diverse history as a mecca for fishing in colonial times, a hideout for notorious pirates, and a resort for intellectuals; all contributing to its role in the lore and legends of the Seacoast. Plan on being at sea for 2.5 hours. We will be stopping for brunch on our way to Portsmouth. Cost of brunch will be on your own and please bring a bag lunch for this trip.

Date: Tuesday, August 11 Time: 8:30am - 3:30pm

Location: Bus will pick-up from exit

15 park & ride in Yarmouth

Fee: \$40

Deadline to Register: Thursday, July 23

Farnsworth Art Museum

Join us as we head up to Rockland for a visit to the Farnsworth Art Museum. We will have time to explore the museum on our own and then stop for lunch in Rockland before heading back to Yarmouth. The cost of lunch is on your own.

Date: Thursday, September 17 Time: 8:30am - 3:00pm

Location: Bus will pick-up from the

exit 15 park & ride in Yarmouth

Fee: \$30

Senior Day at the Fryeburg Fair

Leave the driving and parking to us as you get dropped off & picked-up at the gate. Come to Maine's Blue Ribbon Classic for a day of exciting exhibits, animals and delicious food options. Explore at your own pace and eat right at the fair. Cost of lunch is on your own.

Date: Tuesday, October 6 Time: 8:30am - 4:00pm

Location: Bus will pick-up from the exit 15 park & ride in Yarmouth

Fee: 65 & older - \$12 64 & under - \$24



More Summer 2020 Trips to Come

Some destinations are not taking reservations in the off-season. For up to date information on what YCS will be offering this summer, please give us a call at 846-2406 or email Lori Madden at: lmadden@yarmouth.me.us

Adults Out & About

Lancaster, PA Show Trip and the Dutch Country

Join us for this 5 day and 4 night trip to Lancaster, Pennsylvania! We will leave from Yarmouth and head to the heart of Dutch Country. Our first day in Lancaster will consist of a guided tour of Amish Country and a visit to Kitchen Kettle Village which is a marketplace of shops and restaurants. Our second day we will visit the Amish Experience. After our tour of an Amish Homestead, we will head to Park City Center which is the largest enclosed shopping center in Lancaster County. Our next stop will be a live theatre performance of the show Britain's Best which will feature musical hits that span decades and thrill music lovers of all ages! Our third day in Pennsylvania will consist of us heading to Philadelphia for a guided tour and some free time to explore the city and visit the Liberty Bell and the Independence Visitor Center.

What's Included in this trip:

- Motorcoach Transportation leaving from Yarmouth
- 4 Nights of Lodging
- 8 Meals: 4 Breakfasts and 4 Dinners
- Admission to the Queen Esther show at the Sight & Sound Millennium Theatre
- Admission to the <u>Britain's Best</u> show at the American Music Theatre
- Guided tour of Philadelphia
- Visit to Kitchen Kettle Village
- Visit to Park City Center
- Admission to the Amish Experience & Jacob's choice at the F/X Theatre
- Guided tour of Lancaster

Dates: Monday, September 21 - Friday, September 25

Time: Coach bus departs at 8:00am

Location: Bus will pick-up at the exit 15 park & ride in Yarmouth

Fee: \$530 per person for double occupancy - \$75 deposit due at the time of registration

*Add \$149 per person for single occupancy

Deposit for trip due by: Thursday, May 21, 2020 Final Payment for trip due by: July 14, 2020







Notes about Trips & Tours: (unless noted otherwise) All must be able to board bus All fees include senior discounts. No refunds without a replacement. All trips depart/return from Yarmouth Park and Ride Lot (at Exit 15) unless noted otherwise. Trips involve various amounts of walking (see footprint guide to right). Regional Trips are with Cumberland Extensive Walking

and Freeport.

Active Living for Adults

Kripalu Yoga

Kripalu yoga focuses on proper alignment, which prevents injuries while enhancing physical strength and balance, and breath work which encourages greater emotional cleansing and deeper spiritual growth. Kripalu yoga often becomes a lifelong practice. Kripalu can be as gentle or as challenging as one desires, Jill is able to teach beginners and those who have practiced Kripalu yoga for years as she offers accommodations for each individual's needs. Jill's extensive medical knowledge enhances her yoga teachings as she understands the body very well and therefore focuses on proper alignment during class to ensure a safe practice for all. Class begins with meditation and breath work and progresses to warm up exercises and then postures or asanas and ends with a cool down. Jill Brown is a licensed Kripalu yoga instructor with a Bachelor of Science in Nursing. She has been practicing Kripalu yoga for more than 20 years and teaching Kripalu yoga for almost 15 vears.

Participants need to bring a water bottle, yoga mat and a small pillow and blanket for cool down. Participants should wear comfortable clothing that allows for ease of movement.

Instructor: Jill Brown

Dates: Thursdays, April 9 - May 28 CANCELLED

Time: 5:30 - 6:30pm Ages: Teen - Adult Location: Rowe, Gym

Fee: \$116

Zumba - Tuesday Evenings

ZUMBA is a great opportunity to get healthy and fit while having a ton of fun! Dance moves are described clearly, fun and easy to follow. No experience necessary. All fitness levels are welcome. Come join the party!

Instructor: Jill Brown

Dates: Tuesdays, June 30 - August 4 (6 Weeks)

Time: 5:30 - 6:30 pm Ages: 16 - Adult Location: HMS, Gym

Fee: \$72



Hapkido for Self-Defense

Learn Hapkido, the Korean art of self-defense in a fun, friendly, non-competitive environment. Students will learn how to off-balance a bigger opponent, redirect the energy of an aggressor and use the body as a dynamic weapon.

Instructor: Sheryl Glidden

Days: Monday & Thursday (5 Week Sessions)

Time: 6:30 - 7:30 pm Location: TBD

Fee: \$78

| Session # | Dates | No Class |
|-------------------------------------|-------------|-------------|
| Session 1 | 4/27 - 5/28 | 5/25 |
| Session 2 | 6/1 - 7/2 | |
| Session 1 Session 2 Session 3 | 7/6 - 8/14 | 7/27 & 7/30 |



Healthy Living for Adults

Learn to Play Pickleball

Come learn to play the great sport of Pickleball. Pickleball is great exercise and tons of fun! This program will cover the basics of pickleball and have you playing in no time. Some equipment will be provided but if you have your own, please bring it with you.

Coordinator: Art Bell

Dates: Sundays, April 26 through TBA

Time: 4:00pm - 6:00pm

Location: YHS, Tenrisor 18

Fee: FREE!

Open Play Pickleball

Drop-in for some fun pickleball action at the YHS tennis courts. Come enjoy some exercise and have fun. All levels and abilities are welcome. Some paddles will be provided, but if you have your own, you should bring it with you. Call to put your name on our weather cancellation list.

Coordinator: Art Bell

Days: Mondays and Wednesdays Dates: June 8 through TBA Time: 6:00pm - 8:00pm Location: YHS, Tennis Courts

Fee: FREE!

Exploring Movement with Donna Guilmain

These gentle to moderate fitness classes combine the elements of stretching and strengthening the muscles, increasing balance, and breathing more fully. The focus will also be on joint mobilization, core engagement and working at your own level of flexibility. Exercises are done seated (on the floor and/or a chair), standing, and lying down. Class ends with a short relaxation. Dress comfortably, bring a mat, and enjoy.

Instructor: Donna Guilmain

Dates: Wednesdays, May 13 - June 17 (6 Classes)

Time: 10:00am - 11:15 am Location: Community House

Fee: \$66

PiYo

Sweat, stretch, and strengthen! One of the hottest fitness formats today, PiYo combines the muscle-sculpting, core-firming benefits of Pilates with strength and flexibility of yoga. Set to latest music, this low-impact workout will burn fat, define your entire body, and improve balance. Designed for men and women of all ages and fitness levels. Yoga mat required.

Dates: Mondays, April 13 - May 18

Time: 5:30pm - 6:30pm Location: YES, Gym

Fee: \$ 50

Introduction to Mah Jongg

What is simple yet complex? Relaxing but intriguing? Competitive but sociable and so much fun? The answer is Mah Jongg, the fascinating game that came to American shores from far away China. Here is your chance to learn the basics and get you started - a 4 week class for novices and advanced beginners. Also an opportunity for more experienced players to join other Mah Jongg enthusiasts.

Instructor: Patti Bicknell

Dates: Tuesdays, May 12 - June 2

Time: 6:30pm - 8:00pm

Location:

Fee: Suggested donation of \$10

Must register with YCS in advance.

Beginner Ballroom Dancing

The objective is for all to enjoy ballroom dancing and to continue dancing after this course. We will learn and practice the basics of at least five dances - east coast swing, rumba, waltz, foxtrot and American tango. At the end of the course we will have a graduation where dancers will receive certificates of achievement.

Instructor: Jack Wibby

Dates: Mondays, April 27 - June 15 (Skip May 25)

Time: 6:00pm - 8:00pm Location: HMS, Cafeteria

Fee: \$30 for a couple, \$20 for an individual

Healthy Living for Adults

A Matter of Balance Class

Are you worried about your balance and falls? A Matter of Balance is a nationally recognized program that provides an in-depth look at how to prevent falls, including engagement in exercise, home safety, getting up from a fall, and self-advocacy. This program is a social and discussion-based class with the goal of learning from fellow participants.

Instructor: SMAA Staff

Dates: Mondays & Thursdays, April 13th - May 7th

Time: 1:00pm - 3:00pm

Location: Town Hall, Community Room

Fee: FREE to Yarmouth Residents. Registration is required.

Please register through SMAA (207) 396-6500

POSTPONED

Issues "Down Under": Pelvic Health and Why it Matters for Women and Men

Altered pelvic function affects both women and men. The pelvic floor is an intimate area of the body, yet its function and health can be mysterious. Many people assume common issues that arise with aging such as urinary incontinence and urgency are normal and inevitable. Often people suffer in silence because of embarrassment or live with it assuming "that's just how it is". These issues, while common are not normal, and it is possible to improve your symptoms.

This class will help shed some light on what happens to pelvic health and function with age. Learn about basic anatomy and function, why women are more prone to altered pelvic function than men, why incontinence is not normal or inevitable at any age, and how pelvic health physical therapy and fitness training can help improve or even resolve symptoms including some practical strategies and tips to try at home.

Dr. Lesley Hoey is a licensed orthopedic and pelvic physical therapist and a certified health fitness specialist and yoga teacher. She has over 30 years of experience and thousands of hours teaching and coaching clients and patients how to improve their quality of life and pelvic health. Learn more about Lesley and her physical therapy and wellness services at www.drlesleyhoey.com.

Instructor: Lesley Hoey Dates: See schedule to right

Location: Town Hall, Community Room POSTPONED Fee: \$25

| Time |
|-------------------|
| 6:30pm - 8:00pm |
| 10:00am - 12:00pm |
| |

Balance and Falls Prevention

This is a FREE balance and falls prevention class that provides instruction and demonstrates how to get up from the ground after a fall. Also included in the presentation is education on home environment, use of canes/walkers, tips for safety and general wellness/exercise and how physical therapy can help with balance. Open Q & A follows the demonstration and we will address any questions and concerns that participants may have.

Instructor: Christina Levesque Date: Tuesday, April 14 Time: 11:00am - 12:00pm

Location: Town Hall, Community Room Fee: FREE! Registration is required.



Adult Enrichment

Sketching with Ink & Watercolor

Learn how to draw what you see from the world around you. Discover tips and techniques on how to see basic shapes in landscapes, buildings, animals and even people. Then learn ways to use ink and watercolors to bring your drawings to life. This is a great class for anyone interested in learning about "urban sketching". There will be demonstrations and plenty of time for practice and individual guidance. No experience necessary, all levels are welcome.

Instructor: Kelli McNichols Dates: Fridays, June 12 - June 26 Time: 10:00am - 12:00pm Location: Community House

Fee: \$45

Chinese Brush Painting

Discover the beauty of Chinese Brush Painting - the art of using simple brush strokes to give the impression of a figure or scene. In this three week class you'll learn various brush strokes as you paint flowers, birds, landscapes, and more. There will be demonstrations and plenty of time for practice and individual guidance. No experience necessary, all levels are welcome. A supply kit can be purchased from the instructor for \$20. Participants can bring their own supplies, please check with the instructor first to ensure you have all necessary materials.

Instructor: Kelli McNichols

Dates: Fridays, August 7 - August 21

Time:10:00am - 12:00pm Location: Community House

Fee: \$45

America's Boating Course

Learn the basics of boating: rules of the road, navigational lights and buoys, use of compass for bearings, marine charts and introduction to piloting. This course meets the requirements of most states for a recreational boating license. Book and piloting tools are included. Learn the basics of boating: trailering, rules of the road, navigational lights and buoys, and the use of compass for bearings. This course meets the requirements of most states for a recreational boating license. Taught by certified United States Power Squadron instructors.

To register: Please contact Rob Whitehouse (207) 208-7343 or email whitehouse USPS@gmail.com

Instructor: Certified United States Power Squadron Instructor

Date: Saturday, May 9 Time: 8:00am - 5:00pm

Location: Yarmouth Community House

Fee: \$77 / Individual

\$102 / Couples sharing materials

CANCELLED

A Candid Discussion about Terminal Illness for Families and Caregivers

Did someone you know or love recently receive a life threatening diagnosis? Do you feel blindsided, shocked, mad, sad, depressed, hopeless or helpless as a result? Like there is nothing you can do, after all you are not a doctor. Well you are not alone! Let Alison Bramhall empower you to take action and remind you that you do have a very important role to play. Yet it can be very hard to see when you are engulfed in shock, despair and overwhelm. Alison encourages you to let the doctor(s) take care of the body, and helps guide you to focus on the mind and spirit. This very important empowering focus on mind and spirit will keep you out of overwhelm, inertia and despair. Alison will share with you her journey after learning that her father was given 25 days to live. Join her for an informal gathering to share and discuss how important it is for you to feel the pain, accept it and your feelings, and let it empower you to make the best of the time you do have together. She will share a book she wrote as part of her healing process, which Maine Medical Center used in teaching graduating doctors end of life care. If you or anyone you know, is dealing with policy please join her. FOR 4/28

Instructor: Alison Bramhall

Day: Tuesday Time: 7:00 - 8:00pm

Location: Community House

Fee: FREE! Please register in advance

Dates

4/21

4/28

Adult Enrichment

Basic Life Support for Healthcare Providers

By attending this 4-hour course, the student will earn an AHA (American Heart Association) BLS (Basic Life Support) 2-year certification. The course covers all ages for CPR, choking and using an AED (public access defibrillator). This is the required course for anyone who works in the healthcare profession.

Instructor: Cumberland Fire Dept.

Instructor: Cumberland Fire Dept.

Day: Saturday Time: 8am - 12pm

Location: Cumberland Central Station - 336 Tuttle Road, Cumberland

Park in the lot on the left and enter through the left side door.

Fee: \$65

Heartsaver First Aid Training

This 4-hour course covers medical and traumatic emergencies including: allergic reactions, asthma attacks, bee stings, broken bones, burns, cuts, diabetic reactions, heart attacks, heat emergencies, and stroke. We do "hands-on" exercises, learning what to do until medical personnel arrive. Students will receive a 2-year AHA (American Heart Association) certification.

Instructor: Cumberland Fire Dept.

Day: Saturday, May 16th Time: 8am - 12pm

Location: Cumberland Central Station - 336 Tuttle Road, Cumberland

Park in the lot on the left and enter through the left side door.

Fee: \$65

Community CPR

This course is for the general public (healthcare professionals should take Basic Life Support) and covers infant, child and adult CPR and AED (public access defibrillator). FMI email eber-

nier@cumberlandmaine.com or call Evariste Bernier at (207) 829-5421.

Instructor: Cumberland Fire Department

Day: Saturday Time: 8am - 12pm

Location: Cumberland Central Station - 336 Tuttle Road, Cumberland

Park in the lot on the left and enter through the left side door.

Fee: \$65

Dates: April 11 May 9 June 13 July 11 August 8 FOR 4/11

Dates:

May 2

June 6

August 1

September 5

R.A.D. Self-Defense Class for Women

R.A.D. (Rape Aggression Defense) Systems is a functioning network of dedicated self-defense instructors that was established in 1989. This alliance of instructors believes that self-defense should be easy to learn, easy to retain, and relatively easy to employ during real confrontational situations. This alliance believes that self-defense training should be accessible and affordable for all women and children. They believe that their efforts to oppose violence will be more effective together, than as individuals. As a network they can assist one another with programs, equipment, references, experiences and insight. But most importantly, they honor each other's teachings, allowing each of them to give every participant they train, a lifetime return and practice invitation anywhere there is a R.A.D. Program being offered. This class has its foundations in education and awareness. The course includes lecture, discussion and self-defense techniques suitable for women of all ages and abilities.

Instructor: Coreen Behnke, Portland Police postropates: Time: 6:00pm - 9:00pm Dates: Tuesdays & Thursdays, April 7 - April 16

(4 Classes)

Location: YES, Gym Fee: \$50

Employment & Community Service Opps.

YCS Before & After School Program Child Care Staff

Child Care Staff is responsible for assisting in the programming and supervision of the before & after school care program at Yarmouth Elementary School during the school year. Staff help implement a program of activities for approximately 60 children in grades K-5, ensuring each child's safety while providing entertainment, physical activities and learning experiences. Staff will work closely with Yarmouth Community Services and the Yarmouth School District to ensure that all areas of the job responsibilities reflect the mission of Yarmouth Community Services. Qualified candidates should have some child care supervision experience.

- Work Hours: Monday Friday 7:00 8:30 am and/or 3:15 5:45 pm
- Program Location: Rowe School, Yarmouth Elementary School & Harrison Middle School
- Rate of Pay: \$12 \$15/hour based on experience

<u>Clipper Day Camp</u> / <u>Teen Trek Camp</u> / <u>Lunch Crunch</u> / <u>Garden Camp</u> / <u>Counselors & Adult Staff</u>

Yarmouth Community Services has a wide variety of programs that are looking for staff! This year is your opportunity to work in a great field and make an impact in Yarmouth.

Positions include: Lunch Crunch, Clipper Day Trip Camp, Teen Trek Camp, Garden Camp and more.

- Work Hours: Each program varies please inquire within YCS
- Rate of Pay: \$12 \$17/hour based on experience
- Program Locations:

Lunch Crunch is based out of Taymil Apartments' Yarmouth Pointe Complex. Clipper Day Trip Camp is based at Harrison Middle School.

Teen Trek Camp meets at YHS and travels throughout the region on daily adventures.

Garden Camp meets at the Community Garden on East Main Street.

Basketball Gym Supervisor

Yarmouth Community Services provides basketball programs on the weekend and school supervision is needed. Join our staff and be part of the fun happening in town from December through February. No basketball experience needed. The right candidate is reliable, polite, helpful, and available on Saturdays from 8am-1pm.

- Work Hours: normal hours include Saturday shifts from 8am-1pm.
- Rate of Pay: \$12-\$15/hour
- Program Locations: Possible sites include YES, Rowe School, and HMS.

Student Community Service Hour Opportunities

Lunch Crunch ~ Face Painting @ Summer Arts Series ~ Summer Movie Activities Helpers ~ Garden Camp Harvest Festival ~ Tree Lighting and Carol Sing ~ Santa Walk

Valentine Dance ~ Easter Egg Hunt ~ Arbor Day

Community Garden ~ Open Space Project Days ~ West Side Trail Work Days

Basketball Referees

YCS is currently seeking positive and energetic people to officiate youth basketball games. Games are typically played on the weekends in the community. Individuals must be able to work independently, communicate and enforce sport rules. **Rate of Pay:** \$15/game

Youth Sports Volunteer Coaches Needed

Soccer • Basketball • Baseball • Lacrosse • Cross Country Running • Cross Country Skiing

Employment & Community Service Opps.



YCAN Rides Program

Take residents to medical appointments, grocery store and more! FMI Contact: YCAN (207) 329-7295

Friendly Visitor Program

Visit with an elderly resident in his or her home on a regular basis, providing companionship and friendship. FMI Contact: Zany Holman (207) 835-9866

Handy Helper Program

Volunteer to assist people with light household maintenance duties. FMI Contact: Zany Holman (207) 835-9866

Phone Pal Program

Provide homebound elders with companionship by regularly calling on the phone in an effort to decrease feelings of isolation and loneliness.

FMI Contact: Zany Holman (207) 835-9866

Ask about the following YCS Special Events

Easter Egg Hunt, Summer Arts Series, Chili-Chowder Festival, Carol Sing and Tree Lighting & More! FMI Contact: YCS (207) 846-2406

Youth Sports Volunteer Coaches Needed

Soccer, Basketball, Baseball, Lacrosse, Running (paid) & Cross Country Skiing (paid) FMI Contact: Bob Priest at YCS (207) 846-2406

Lunch Crunch

At Lunch Crunch, we provide free breakfast and lunch as well as three hours of supervised activities to children. We are looking for high school volunteers to run games, activities, arts & crafts and more! Volunteers will assist with preparing breakfast and lunch for campers as well as implementing games & activities. Interested volunteers must contact us prior to the beginning of the program in order to be added to the schedule. High school volunteers will receive community service hours for their time volunteered.

FMI Contact: Lori Madden or Bob Priest (207) 846-2406

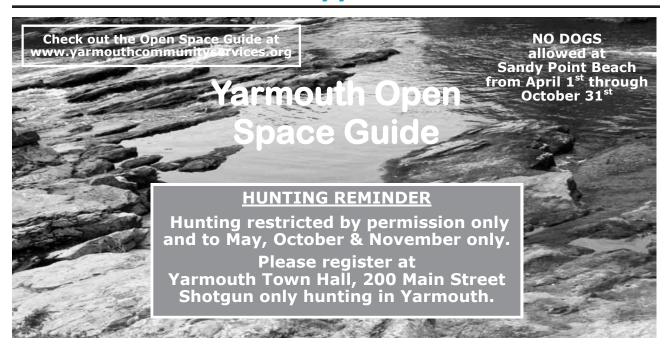
Counselor in Training

Learn to be a camp counselor while earning community service hours and valuable work experience in this intensive program for students entering grades 9 and up. Skills in leadership, communication, and general camp counseling are the focus of this program. CIT's receive training similar to the counselor staff training that all current employees go through.

Applications through the YCS website will be accepted March 1– April 30th, 2020. FMI Contact: Mike Caron at YCS (207) 846-2406

Community service hours through YCS programs are for high school graduation requirements only. All non-graduation requirement hours must be pre-approved though the YCS office before volunteering.

Outdoor Opportunities



Canoe Rentals with YCS!

As part of the Town's commitment to providing opportunities to get outdoors, Yarmouth Community Services offers canoe rentals to residents for the enjoyment of the Royal River!

Yarmouth Community services keeps 4 canoes for the public to sign out and rent. Paddles and PFDs are provided. Kids PFDs (50lbs+) are limited; all children are required to wear life jackets.

Wear weather appropriate clothing and provide your own sun and bug protection.

Date: Reserve a canoe up to 7 days in advance!

Office hours: 8:30am-4:30pm

Location: 200 Main Street, rear building behind Town Hall

Canoes are located at: Yarmouth History Center's Royal River launch.

***Please park at Royal River Park, across the street from the launch.

Please call YCS at 846-2406 for more info on reservations, pick-up and return times, and other details.

After Work Open Space Workgroups

YCS will be organizing a series of after work volunteer workgroups this May to September. It's a great way to get outside, exercise, meet likeminded people in the community, and give back to Yarmouth's open spaces. We'll be working towards opening up the new trail system at the Riverfront Woods Preserve, building boardwalks on the West Side Trail extension, maintaining trails on our open spaces, and removing invasives in our parks.

Check in with Yarmouth Parks & Lands' Facebook Page or email our Parks Specialist, Erik Donohoe at edonohoe@yarmouth.me.us

Lunch Crunch



Mondays thru Fridays from June 22 to August 14

Join Yarmouth Community Services' staff, volunteers and CITs for fun games, activities, crafts, breakfast & lunch each day, and a weekly trip.

Registration is required!

9:00am - 12:00pm

Yarmouth Pointe Apartments
Playground Area - just off East Main Street

For more information please call Yarmouth Community Services at 846-2406.



<u>Want to volunteer?</u>
Yarmouth Community Services
Lori Madden & Bob Priest
(207) 846-2406
LMADDEN@YARMOUTH.ME.US

RPRIEST@YARMOUTH.ME.US





Looking to get involved?

We are now searching for Lead Counselors, Kitchen volunteers, Food Delivery volunteers, and Weekend Bag stuffers! FMI: 846-2406

Partner with us...join the Yarmouth Food Pantry & the Yarmouth Community Garden as our benefactors - benefits, luncheons, & sponsor opportunities help us raise friends and funds to support volunteer efforts!

Tax-deductible donations accepted to enhance our offering.

Before & After School Care

YCS Clipper Care Programs

Before Care: Grades K-4 @ YES After Care: Grades K-1 @ Rowe After Care: Grades 2-4 @ YES After Care: Grade 5 @ HMS

Yarmouth Community Services (YCS) is pleased to provide child care programs for Yarmouth families. The Yarmouth Elementary School (YES Care) program is a before-school care program for children in grades K-4 and an after-school program for children in grades 2-4. The Rowe School program is an after-school care program for children in grades K-1. The Harrison Middle School (HMS Care) program is an after-school care only program for children in grade 5. Grade 5 students may be combined with our YES program, depending on enrollment.

Our child care programs are designed to meet the needs of parents and guardians during the before and after school hours. The child care program encompasses a variety of activities from homework time to arts and crafts, games and outdoor play. We are very excited to offer a fun, safe and enriching program for child during the time they are in our care.

Our child care programs follow the school calendar; accordingly, the program and care are available when school is in session. Our child care programs are not open on snow days, staff in-service or flex days and during school vacation weeks, however YCS does provide many other types of programs during school and summer vacations that children are sure to enjoy.

| Program | Grades | Program Location | Hours |
|--------------------|--------|-------------------|----------------|
| Before School Care | K – 4 | Elementary School | 7:00 – 8:30 am |
| After School Care | K—1 | Rowe School | 3:30 – 5:30 pm |
| After School Care | 2 – 4 | Elementary School | 3:30 – 5:45 pm |
| After School Care | 5 | Middle School | 2:45 – 5:45 pm |

2020 - 2021 School Year Before & After School Registration Information

<u>April 1st</u> - enrollment opens for current participants *YCS office staff will send forms and information to current families.

** May 1st - enrollment open to the Public**

**Pending available space.

For more information, fees and registration forms visit our Child Care Page on the YCS website at:

www.yarmouthcommunityservices.org

Guide to 2020 Elections in Yarmouth

Residents of Yarmouth vote at the AMVETS Hall, 148 North Road. **Polls are open from 6AM - 8PM** Residents can **register** on Election Day or before hand at Town Hall 200 Main Street. Must provide proof of ID and proof of Residency to register to vote.

Residents with name changes and address changes need to update their information prior to voting. This can be done in person, at the polls ,or at Town Hall, 200 Main Street.

ALERTS:

Due to construction there will be NO PARKING available at the Fire Station
Overflow Parking at the Public Works garage after 3:30
CONSIDER car pooling, biking, walking
North Road and surrounding areas will be congested on Election Day
PLEASE FOLLOW THE TRAFFIC FLOW IN THE PARKING LOT
Enter ONLY off North Road into AMVETS parking lot, Exit through Ballfield

PARTY CHANGE: Voters in a party and wanting to change to another party must do so no later than 15 days prior to election day. Voters currently enrolled in a party, and have been for at least 90 days, can change parties up to 15 days prior to election day and must remain in the party for 90 days before changing again. Unenrolled voters may enroll in a party at any time and must remain in the party for 90 days before changing again.

Consider Absentee Voting in 2020. Due to the expected high voter turnout, limited parking, and construction at the Fire Station on North Road we expect delays.

Absentee voting takes place at Town Hall, 200 Main Street, during regular business hours

Absentee voting: Voters may request ballots be sent to them starting 90 days prior to election day, no reason required. Ballots for absentee voting become available 30 days prior to the election; *3 days prior* to the election voters have to have a special circumstance to vote absentee.

Voters can call and request a ballot be sent (must be the voter),

Voters may appear in person to vote, or

Voter or an immediate family member may request to take ballots with them, or

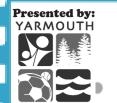
Voters may **request online** at http://www.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl

Overseas Voters should request their ballots using the same online site as above and will chose the box marked : Uniformed Service & Overseas Voters.

2020 ELECTION DATES:

June 9: State Primary, Municipal Election & School Budget Validation

November 3: General (Presidential) & Potential State Referendum Election



Saturday, June 13, 2020 Royal River Park 4:00pm - 7:00pm



Chili & Chowder Cookoff

MUSIC PROVIDED BY:

4:00-5:15pm: Acoustic Sounds with Diana Hansen & Steve Williams

5:15-6:30pm: Band slot still available Call 846-2406 if you are interested in playing!

CHILIS and CHOWDERs:

Yarmouth's Own:

Community Services Police Dept Fire-Rescue Dept School Nutrition Dept.

Lions Club Yarmouth K-8 PTO

Restaurants Including:

Brickyard Hollow Romeo's Pizza
Clayton's Café & Bakery

Pat's Pizza WOODHULL Public House

It's not too late to join us...you could be listed here!

Look for us UNDER-THE-TENT at Royal River Park.

The Chili-Chowder Cookoff will be Saturday, June 13, 2020 with all proceeds benefitting West Side Trail's expansion & maintenance.

Join hosts & hostesses from Yarmouth Community Services and numerous volunteer groups for Yarmouth's local chilis and chowders, live music, facepainting, and lawn games

4pm-Tastings begin 6:

6:30pm-Awards

TICKETS

Order tickets online:

www.yarmouthcommunityservices.com or call: (207) 846-2406

\$10 - Adults \$8 - 12 & Under

SPONSORSHIPS AVAILABLE

Sponsor online:

www.yarmouthcommunityservices.com or call: (207) 846-2406

Packages from \$100 to \$1,000

Summer Movies

Join us for FREE movies in the Royal River Park.

There is no rain location or rain date.

Activities, games & face-painting offered FREE from 7:30 pm until the start of the movie. Movies begin promptly at dusk.

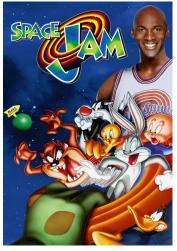
Popcorn and water available for purchase - \$1.00 ea.





Friday, June 5th SING - Rated PG

Set in a world like ours but entirely inhabited by animals, Buster Moon, a dapper koala, presides over a once-grand theater that has fallen on hard times. Buster is an eternal-some might even say delusional-optimist, who loves his theater above all and will do anything to preserve it. Now faced with the crumbling of his life's ambition, he has one final chance to restore his fading jewel to its former glory by producing the world's greatest singing competition.



Friday, August 7th Space Jam - Rated PG

In a desperate attempt to win a basketball match and earn their freedom, the Looney Tunes seek the aid of retired basketball champion, Michael Jordan.

Sponsored by:

Village Improvement Society









Yarmouth Summer Arts Series

Join us for the **FREE** Concerts and Performances in the **Royal River Park**. Day-time performances will have a rain location of Harrison Middle School.

DAY-TIME PERFORMANCES

Earth Jams

July 8th @ 11:00am

Join Matt as he sings songs to educate children on environmental friendliness and get them moving!

Mad Science: Fire & Ice

July 15th at 11:00am

This spectacular show thrills audiences with over-the-top science experiments. The event includes foggy dry ice storms and safe and fun fire demonstrations. Kids and parents alike are amazed by sizzling science, combustion and bubbly showers!

Magic by George

July 22nd at 11:00am

Join George as he brings the audience into the wonderful world of magic with his timeless tricks.

Michael Wingfield

July 29th @11:00am

Michael brings a variety of drums to play and has a highly interactive set with the audience!

Sparks Ark

August 5th @ 11:00am

Visit with rehabilitated wild animals and experience the diverse fauna of Maine.

Sponsored by:

Village Improvement Society















Yarmouth Summer Arts Series

Join us for the **FREE** Concerts and Performances in the **Royal River Park**. *There are no rain locations or rain dates for evening concerts*.

Help celebrate YCS's 40th birthday and the State of Maine's 200th birthday with blueberry pie at our <u>July 8th</u> Summer Arts Series concert at 6:00pm!





EVENING CONCERTS

Ellis Falls

July 8th @ 6:00pm

This acoustic duo's love of music shines through in Ellis Falls' energetic live performances of New Country, Rock, Pop and Top 40 songs from the 70's to today.

ProfTones

July 15th @ 6:00pm

Not your average cover band, The ProfTones specialize in the underrated tunes of some of the rock & roll greats while offering a raucous education in musical Americana.

Studio Two

July 22nd @ 6:00pm

Back by popular demand! One of the most authentic and talented Beatles tribute bands in the world. This should be a good one!

Conspiracy

July 29th @ 6:00pm

Conspiracy is excited to be returning to Royal River Park after debuting in 2019. They are a dynamic dance rock cover band featuring Yarmouth's own Andrew Favreau on lead vocals.

Pan Fried Steel

August 5th @ 6:00pm

A community steel band based in Yarmouth, Maine playing a diverse repertoire including calypso, reggae, Latin, and swing.

Spring Recreation Fun

YCS April Vacation Camp

Ready, set, let's play! Enjoy four days of non-stop fun during our April School Vacation Camps. Coach Hagerty offers fun-filled mornings playing sports and active games, such as basketball, soccer, wiffle-ball, kick-ball, tag and more. After lunch, campers travel to nearby locations for action-packed field trips and are chaperoned by YCS Staff. Participants must bring a snack, water bottle and lunch each day.

APRIL SCHOOL VACATION - April 21-24

Full Day $(9 \text{ am - } \overline{5} \text{ pm})$ Morning Only (9 am - Noon) Afternoon Only (Noon - 5 pm)

Instructors: Mornings: Mike Hagerty Afternoons: YCS Staff

Days: Tuesday - Friday (4 days, no program on 4/20) CANCELLED

Grades: 1 - 6

Location: HMS, gym Fee: \$150 Full Day

\$60 Morning ONLY \$100 Afternoon ONLY

Trip Schedule

Tuesday: Joker's Wednesday: Bowling Thursday: Movies Friday: Urban Air

Disney Glee Singers

Sing, move and perform! Come sing the popular tunes of Disney's classic songs and popular songs on kids bop. This choir is designed to inspire the younger singer to sing and express. Children will learn how to

perform and sing in a group. No experience necessary. Discover the inner singer in you!

Instructor: Rebecca Beck

Dates: Tuesdays, April 28 - June 9

Time: 3:30pm - 4:45pm

Grades: 2 - 4

Location: YES, Music Room NEW DATES

Fee: \$84

Outdoor Strategy Games

Summer is just around the corner, and it's time to get outside and play. Join Mr. Abbott as we learn how to play classic and newer outdoor games from around the world. Bocce, which traces its roots to ancient Rome via modern Italy; croquet, from 19th-century England; and kubb, a Viking-inspired game from Sweden. We'll start with these, and see where we end up! In case of inclement weather, indoor gaming options will be available. A snack will be provided to all participants.

Instructor: Todd Abbott

Dates: Tuesdays, April 28 - May 26

Time: 3:30pm - 5:00pm

Grades: 2 - 4

Location: YES, Room #101

Fee: \$78

Hapkido: Beginner through Yellow Belt

Hapkido is the Korean art of self defense. Students ages 5 and up will learn the techniques and gain the skills required to advance to yellow belt and beyond. With a blend of beginner martial arts and personal safety awareness, this curriculum builds confidence, coordination and focus. This Hapkido program is now in its 24th year with YCS, and is taught by Master Sheryl Glidden, 6th degree Hapkido black belt, tested and certified at the Jungki Kwan in Dague City, South Korea.

Instructor: Sheryl Glidden

Day: Tuesdays, April 7 - May 12 (Skip 4/21) CANCELLED

Time: 3:45 - 5:00 pm Ages: 5 and up

Location: Rowe, Gym

Fee: \$85

Hapkido: Green Belt - Junior Black Belt

This course is for students who have already achieved a minimum of green belt rank. Hapkido requirements for advancing to blue belt and above will be taught in conjunction with beginning requirements for Kuhapdo, Korean sword art.

Instructor: Sheryl Glidden

Day: Wednesdays, April 8 - May 13 (Skip 4/22)

Time: 3:45 - 5:00 pm Level: Green Belt and above Location: YES, Gym

Fee: \$85

CANCELLED

Spring Recreation Fun

Half Pint Hoops

This program is designed to introduce children to basketball, the fun way. Children will learn rules, keywords and how to play the game, as well as participate in skill developing games throughout the session. A parent must be present at all times and will participate in the class.

Instructor: TBD

Dates: Mondays, April 6 - May 4 (no class 4/20) CANCELLED

Time: 5:00 - 5:45 pm

Ages: 3 - 6

Location: Rowe, gym

Fee: \$50

GPS Spring Soccer Clinic

GPS Juniors (Ages 3-6): The GPS Juniors curriculum teaches soccer fundamentals to young players in a fun, high energy environment. Our curriculum also facilitates the development of motor and coordination skills.

GPS Skills 11 (Ages 7-10): The GPS Skills 11 program will focus on 1v1 attacking moves taken from some of the best players in the world. The program will focus on ball mastery and encourage our players to be confident in trying to execute a variety of 1v1 moves in both non pressure, 1v1 situations and small sided games.

Instructor: GPS Staff

Dates: Saturdays, May 2 - June 13

Location: Winslow Field

Fee: \$75

| Ages | Times |
|--------|-----------------|
| 3 - 6 | 3:00pm - 4:00pm |
| 7 - 10 | 4:00pm - 5:00pm |

Field Hockey Clinics

Field hockey clinics are a great opportunity to continue to develop in the game of field hockey or try a new sport with a focus on developing skills in a smaller environment and more personalized coaching. Development is focused on what the players need each session.

Instructor: Breanna Morrill

Dates: Tuesdays & Thursdays, June 16 - August 13

Location: YHS, Field Hockey Grass Field

Fee: \$10 per day

| Grades | Time |
|-----------------------|---------------|
| 2-5 | 4:00 - 5:00pm |
| Grades 2-5 6-8 | 5:00 - 6:00pm |

Movie Making

Write, act and star in an original short film! Together campers will create an original character, write a screenplay and bring their story to life on screen. During production everyone will have the chance to take on leadership rolls as actors, directors, camera operators, editors and productions managers. Using iMovie edit-The state of the s ing software students will polish their work, score their movie, add sound effects, create t The camp will culminate with a film screening in true Hollywood Style! FOR SPRING

Instructor: Unwritten Roads Staff

| Session | Dates | Time | Grades | Price | Location |
|---------|-------------|-----------------|--------|-------|---------------|
| Spring | 4/30 - 6/11 | 3:30pm - 4:45pm | 2-4 | \$129 | YES, Room 107 |
| Summer | 6/29 - 7/2 | 9:00am - 2:00pm | 2-5 | \$200 | HMS, Room 124 |

Summer Day Camps

Clipper Day Trip Camp

Enjoy a summer filled with fun, laughter and memories. Activities include games, arts and crafts, field trips, special events and swimming. The camp program is supervised by a qualified staff who provide participants with the opportunity to have fun in an active and safe atmosphere. Children will be divided into age-appropriate groups for activities and trips. There is no supervision before 9:00 am or after 3:00 pm except through the Extended Care program listed to the right. All campers must bring their own snacks, beverages, bathing suit, sunscreen and towel each day.

Program #: See schedules to the right & below

Camp Director: Julia Thompson

Dates: June 22 - Aug. 7 (no program 7/3 & 7/17)

Days: Monday - Friday Times: 9:00 am - 3:00 pm

Ages: 6 - 12

Location: HMS, Gym

Extended Care

7:30-9:00am and/or 3:00-5:30pm

Supervision is available for those campers already participating in Clipper Day Camp at Harrison Middle School (HMS). Campers have supervised free time and some organized activities. Participants should bring their own food for afternoon snack. The three-day option for early and late care is available for the 7 week season only.

| Full Summer (7 Weeks) - June 22 to August 7 | | | |
|---|-------|--|--|
| Program | Fee | | |
| Camp 5 days / week | \$980 | | |
| Camp 3 days / week | \$750 | | |
| Early Care Only - 5 days / week | \$195 | | |
| Early Care Only - 3 days / week | \$130 | | |
| Late Care Only - 5 days / week | \$335 | | |
| Late Care Only - 3 days / week | \$220 | | |
| Early & Late - 5 days / week | \$420 | | |
| Early & Late - 3 days / week | \$275 | | |
| No Camp 7/3 & | 7/17 | | |
| | | | |

SUMMER LUNCH OPTIONS ARE BACK!

The lunch fees for Clipper Camp are listed below. Please register for camp and lunch at the same time. If campers qualify for Free or Reduced Lunch, you can fill out a form and be eligible for FREE LUNCH all summer! Please contact our office for additional information, 846-2406.

Weekly menus and forms are available at www.yarmouthcommunityservices.org

CLIPPER DAY TRIP CAMP WEEKS

Week 1: June 22-26

Week 2: June 29-2 (No Camp 7/3)

Week 3: July 6-10

Week 4: July 13-16 (No Camp 7/17)

Week 5: July 20-24 Week 6: July 27-31

Week 7: August 3-7

| Options | <u>Fee</u> |
|--------------------------------------|------------|
| Camp 5 days | \$175 |
| Camp 4 days (Weeks 2 & 4 only) | \$140 |
| Camp 3 days | \$125 |
| Early Care Only | \$35 |
| Late Care Only | \$60 |
| Early & Late Care | \$75 |
| Early Care Only (Weeks 2 & 4 only) | \$28 |
| Late Care Only (Weeks 2 & 4 only) | \$48 |
| Early & Late Care (Weeks 2 & 4 only) | \$60 |

SUMMER LUNCH OPTIONS

Campers' lunches must be purchased <u>in</u> <u>advance</u> for the same number of days as your student's camp selection.

If you are interested in using our lunch program, please register your camper for lunches that equal the same number of days as the selected camp week.

| Options Daily Lunch (5 days) | Fee |
|------------------------------|------|
| Daily Lunch (5 days) | \$15 |
| Daily Lunch (4 days) | \$12 |
| Daily Lunch (3 days) | \$9 |
| | |

All summer camps have required forms!

*Available online or at YCS

Summer Day Camps

Pee Wee Clipper Camp

YCS Pee Wee Clipper Camp is a great introduction to the summer camp experience for 4 and 5 year-olds. Caring staff guide your child through the camp day, helping to create a fun, exciting and memorable summer. Campers participate in an array of activities including arts and crafts, reading and active social games. Each week, PeeWee campers enjoy a field trip. Campers should bring a lunch, snack, water bottle, change of clothes, sunscreen and swimsuit to camp everyday. **Tuesday, Wednesday and Thursday are the only days**

the program is offered. Early/late care is not available for this age group.

Sign up for the full seven weeks and save 20%.

Camp Director: Julia Thompson Program #: **See schedule to the right** Days: Tues/Weds/Thurs (3 days) Time: 9:00 am - 3:00 pm

Ages: 4 & 5 (must be toilet trained)

Location: HMS, Gym Max: 30 per week

| Pee Wee Clipper Camp | | | | |
|----------------------|-------------|-------|--|--|
| Weeks | Dates | Fee | | |
| All 7 weeks | 6/23 - 8/6 | \$504 | | |
| Week 1 | 6/23 - 6/25 | \$90 | | |
| Week 2 | 6/30 - 7/2 | \$90 | | |
| Week 3 | 7/7 - 7/9 | \$90 | | |
| Week 4 | 7/14 - 7/16 | \$90 | | |
| Week 5 | 7/21 - 7/23 | \$90 | | |
| Week 6 | 7/28 - 7/30 | \$90 | | |
| Week 7 | 8/4 - 8/6 | \$90 | | |

SUMMER LUNCH OPTIONS ARE BACK!

The lunch fee for Pee Wee Clipper Camp is: \$9/week. The lunch fee for Teen Trek Camp is: \$12/week.

Please register for lunch at the same time as camp registration.

If campers qualify for Free or Reduced Lunch, you can fill out a form and be eligible for FREE LUNCH all summer! Please contact our office for additional information.

Teen Trek Camp

Fun and adventure is guaranteed in this on-the-go camp for teens entering grades 7 - 11. This is a great opportunity to hang out with friends while participating in new and exciting activities. Each week includes adventurous activities such as whitewater rafting, Water Country, zip lining and windsurfing.

Participants must bring a snack, lunch, bathing suit, sneakers and sunscreen to camp each day.

Camp Director: Terry Buck Dates: June 22 - July 30 (6 weeks)

Days: Monday - Thursday Time: 9:00 am - 3:00 pm Grades: Entering 7 - 11

Location: YHS, Front Entrance

URGENT REMINDER!

• Complete schedule & important trip waiver forms will be available at www.yarmouthcommunityservices.org

| Week | Dates | Feature Trips | Fee (LFW) |
|-------------|-------------|---|-----------|
| All 6 weeks | 6/22 - 7/30 | Listed below | \$1,090 |
| Week #1 | 6/22 - 6/25 | Laser Tag, York's Wild Animal Kingdom | \$200 |
| Week #2 | 6/29 - 7/2 | Canobie Lake Park, Kayaking | \$200 |
| Week #3 | 7/6 - 7/9 | Cranmore Mountain Fun Park | \$200 |
| Week #4 | 7/13 - 7/16 | Water Country, Scarborough Ropes Course | \$200 |
| Week #5* | 7/20 - 7/23 | White Water Rafting, Cooking | \$285 |
| Week #6 | 7/27 - 7/30 | Wind Surfing, Funtown/Splashtown | \$200 |

Teen Opportunities

Summer Camp Counselor In Training (C.I.T.) Program

Learn to be a camp counselor while earning community service hours and valuable work experience in this intensive program for students **entering grades 9 and up**. Skills in leadership, communication and general camp counseling are the focus. CITs receive training similar to the counselor staff training required for all summer employees. Candidates for this program need to apply, interview and be selected to participate. Students who are selected must be available to work a consecutive 2 week session. **A \$75 fee applies for this program once your child is accepted.**

Application Deadline is May 1st. Program is limited to 2 consecutive weeks per student.

For more information or to apply visit www.yarmouthcommunityservices.org

Driver's Education with Bartley's Driving School

This 3 week driver education course, licensed by the State of Maine, includes 30 hours of classroom time and 10 hours of driving time. Students must be at least 15 years of age or older at the start of the class. For more information or to register visit www.BartleysDrivingSchool.net

Instructor: Bartley's Driving School staff Days: Monday, Wednesday, Friday (3 weeks)

Time: 5:30pm - 8:30 pm Location: YHS, Room 109

Fee: \$490

Must register directly with Bartley's Driving School on-line or by

phone at 657-5010.

| Session | Dates |
|---------|-------------|
| 1 | 2/26 - 3/18 |
| 2 | 4/29 - 5/20 |
| 3 | 5/27 - 6/18 |
| 4 | 6/17 - 7/10 |
| | |

Freedom of Expression for Girls

In a small group setting, express yourself & find your voice through poetry, art, & journaling. We will look at the history of female expression through art, music and the media. Get inspired by visiting artists & local poets in this workshop-style week. Start a visual journal, or create a mixed-media masterpiece. Please bring a water bottle, snack & lunch each day.

Instructor: Donna Marie Flanders Dates: Monday, July 20 - Friday, July 24

Time: 9:00am - 2:00pm Ages: Entering Grades 4 - 6

Location: HMS, Life Skills Room Fee: \$165

Mission Ambition: Girls For Healthy Minds and Bodies

Mission Ambition is designed around the key concept of empowering young women to support each other and themselves in a changing world. We seek to show girls their own strength and talent through a broad range of fun and creative activities including baking, painting, jewelry-making, yoga, sports activities, and more. We will also have reflective time where we hope to teach girls about their own self-worth and inspire them to strive for their dreams. Mission Ambition is a chance for girls to find their voice and make their own decisions as a lesson in independence and self-advocacy. This camp is designed to be fun, creative, and at the end of the day, we hope to help girls navigate their way to becoming strong, self-possessed women.

Leaders: Sarah Smith, Adriana Whitlock & Ashlyn Feeley

Dates: Monday, August 3 - Friday, August 7

Time: 12:00pm - 3:00pm

Ages: Girls entering grades 5 - 7 Location: HMS, Life Skills Room

Fee: \$85

Theatre Camps

These camps focuses on all aspects of theater production. We spend the day acting, singing, dancing, and playing games as well as learning about costumes, set design, and props. Over the course of camp, the actors and actresses are able to put together an entire production from scratch. Each session culminates in two creative performances in the Harrison Middle School Cafeteria. **Participants should bring a water bottle, snack, and lunch each day. This is a very popular program, so sign up promptly.**

Disney's Beauty and the Beast JR

Based on the original Broadway production and the Academy Award-winning motion picture, Disney's Beauty and the Beast JR. features some of the most popular songs ever written. This Tale As Old As Time has been a favorite for generations and features some of Disney's best characters. The classic story tells of Belle, a young woman in a provincial town, and the Beast, who is really a young prince trapped under the spell of an enchantress. If the Beast can learn to love and be loved, the curse will end and he will be transformed to his former self. But time is running out. If the Beast does not learn his lesson soon, he and his household will be doomed for all eternity.

Instructor: Betsey Reinsborough Dates: June 22 - July 10 (Skip 7/3)

Time: 9:00am - 3:00pm

Grades: 5 - 9

Location: HMS, Cafeteria & Stage

Fee: \$590

BEAUTY AND BEAST

*Half day on 7/10 & Shows on 7/9 & 7/10 @ 6:00pm

All summer camps have required forms!

*Available online or at YCS

Disney's 101 Dalmatians Kids

Based on the classic animated film, Disney's 101 Dalmatians KIDS is a fur-raising adventure featuring Cruella De Vil, Disney's most outrageous villain, and 101 of the most adorable heroes to set their paws onstage. With a high-spirited score and lovable characters, this stage adaptation is certain to charm and delight all audiences. Pet owners, Roger and Anita, live happily in London with their Dalmatians, Pongo and Perdita, loyal dogs devoted to raising their puppies. Everything is quiet until Anita's former classmate, the monstrous Cruella De Vil, plots to steal the puppies for her new fur coat. The Dalmatians rally all the dogs of London for a daring rescue of the puppies from Cruella and her bumbling henchmen.

Instructor: Betsey Reinsborough Dates: July 13 - July 24 (Skip 7/17)

Time: 9:00am - 3:00pm

Grades: 2 - 5

Location: HMS, Cafeteria & Stage

Fee: \$395

* Half day on 7/24 & Shows on 7/23 & 7/24 @ 6:00pm



Art Camps

Art in the AM: Nature, Art & Movement

In a small group setting, experience nature, art, and movement through play, hands-on projects, exploration, creative expression, & yoga in the surrounding area. We will focus on mindfulness, creativity, and or connection with nature and each other. Each day includes instruction, art projects, yoga, & games. We will be spending most of our time outdoors each day, so please pack sunscreen, a snack, water bottle and comfortable clothing.

Instructor: Donna Marie Flanders Dates: Monday, July 27 - Friday, July 31

Time: 9:00 am - 12:00 pm Ages: Entering K - 4

Location: HMS, Life Skills Fee: \$165

Art for Early-Risers

Does your child rise with the sun? Art for Early Risers Camp is a great way to give them a creative start while you go out for coffee, hit the gym, or run errands. We will explore several art techniques in a variety of different materials, play games, and share a story each day. Please pack sunscreen, a snack, & water bot-

Instructor: Donna Marie Flanders Dates: Monday, July 6 - Friday, July 10

Time: 7:00am - 9:00am

Ages: 4 - 6

Location: HMS, Art Room

Fee: \$100

Art Attack: Land & Sea

Bread & Roses Art Collective moves to Camp Soci on Cousins Island where one indoor and four outdoor classrooms provide a summer of ecology, art and fun. We explore geology, plants, tides and forest "wild play" as friends collaborate, create and curate this precious public land. Hand made field guides, murals, printmaking, flags, costume, digging and building marine clay, tidal earthworks, cairns, mini sailboats, inuksuks and a message boat to earth are just some of the fun happenings. Friends make a different forest society each week. Experience the famous Soci mud spa, tale of Lightning Rock, The Listening Tree, 72 Step Beach, and an Ice Age Encampment. Student lead theater and mini museums are on Fridays at 2:30pm. We have the Greta Thunberg of Maine, Anna Siegel, as a Visiting Mind the week of July 6-10.! Linda Ashe-Ford, of Friends School and Abyssinian Church is a regular VM too! Fab counselors provide fun games, 5 Tibetan rites, yoga, Qigong, rainy day dance parties and much more.

Bring a bathing suit, water shoes, sunscreen, bug spray, water bottle, snack and lunch. Dress for mess! This camp encourages brothers, sisters, neighbors, cousins and new kids on the block! A great place to make friends and community!

Instructor: Kat Gillies Time: 9:00 am - 3:00 pm

Ages: 5 - 11

Location: Camp SOCI



| Dates | Days | Fee |
|-------------|--|--|
| 6/29 - 7/3 | Mon - Fri | \$275 |
| 7/6 - 7/10 | Mon - Fri | \$275 |
| 7/13 - 7/17 | Mon - Fri | \$275 |
| 7/20 - 7/24 | Mon - Fri | \$275 |
| 7/27 - 7/31 | Mon - Fri | \$275 |
| 8/3 - 8/7 | Mon - Fri | \$275 |
| 8/10 - 8/14 | Mon - Fri | \$275 |
| 8/17 - 8/21 | Mon - Fri | \$275 |
| 8/24 - 8/28 | Mon - Fri | \$275 |
| | 6/29 - 7/3 7/6 - 7/10 7/13 - 7/17 7/20 - 7/24 7/27 - 7/31 8/3 - 8/7 8/10 - 8/14 8/17 - 8/21 | 6/29 - 7/3 Mon - Fri 7/6 - 7/10 Mon - Fri 7/13 - 7/17 Mon - Fri 7/20 - 7/24 Mon - Fri 7/27 - 7/31 Mon - Fri 8/3 - 8/7 Mon - Fri 8/10 - 8/14 Mon - Fri 8/17 - 8/21 Mon - Fri |

All summer camps have required forms! *Available online or at YCS

Art Camps

InsideOut Arts

Each day, in a small group setting we connect with ourselves and each other through various forms of artistic expression and games. Together we will choose experiences you are interested in creating. This could include art journaling, mask making, group murals, lip-balm, candles, t-shirt creations, and much more!

Instructor: Sally & Ella Caruso Grades: Entering 7th & 8th graders Dates: Monday, June 22 - Friday, June 26

Time: 9:00 am - 12:00 pm

Location: HMS, Life Skills Room

Fee: \$125

All summer camps have required forms!

*Available online or at YCS

Summer Basketball Camps

Girls Summer Basketball

This program is designed to teach/improve the fundamentals of basketball. It will concentrate on ball handling, shooting, rebounding and defensive (both individual and team) skill work. The main purpose is to expose younger players to skills that they need to develop in order to compete in the future. Most skills taught will be ones that they can practice on their own time. The schedule is designed so that kids can hopefully make it to all sessions, but can still participate if some sessions cannot be attended.

Instructor: YHS Varsity Coach, David Cousins

Time: 4:00pm - 5:00pm

Grades: 5 - 8

Days: Tuesdays & Thursdays

Dates: June 23 - July 28

Location: YHS, Gym Fee: \$130

Boys Middle School Basketball Camp

Join YHS basketball coaches Jonas Allen and Jordan Hebert for a week of fun competitive basketball. This camp will blend skill work & drills with all forms of basketball competition including shooting games, skills competitions, 1 on 1, 3 on 3 and 5 on 5 games. Current YHS basketball players will serve as camp counselors and coaches. At the conclusion of camp each camper will receive a detailed player evaluation including strengths and areas for improvement. Come meet and work with the high school coaches and players as together as we create the future of Yarmouth basketball! *Half day participants will not receive a player evaluation and will miss scrimmages and games. Lunch is not provided. Lunch break is 11:30-12:00 each day.

Instructor: Jonas Allen & Jordan Hebert Dates: Monday, June 22 - Friday, June 26

Grades: 5 - 8

Location: YHS, Gym

| Session # | Time: | Fee: |
|----------------------|------------------|-------|
| Full Day Half Day | 9:00am - 3:00pm | \$235 |
| Half Day | 9:00am - 12:00pm | \$135 |
| , | | |

Junior Clipper Basketball Camp (Co-ed)

Join YHS basketball coaches Jonas Allen and Jordan Hebert for a fun filled week of learning and playing basketball. Our goal is to help kids establish a love for the game. We will be teaching age appropriate skills in a fun and accessible manner that paves the way for future success on the court. Current YHS high school players will serve as camp counselors and coaches. Each camper will receive a daily popsicle and camp t-shirt.

Directors: Jonas Allen & Jordan Hebert Dates: Monday, July 13 - Thursday, July 16

Time: 9:00am - 12:00pm Grades: 1 - 6

Fee: \$120

Location: YHS, Gym

Tennis Camps

All summer camps have required forms!

*Available online or at YCS

Middle School Tennis Camp

Fun and individualized instruction are the focus of this camp! Bill and Eric, two veteran educators and certified teaching pros, will direct the instruction with an emphasis on proper stroke development, rules of the game, and positioning and tactics in both singles and doubles. Video will be used extensively to enhance the learning experience. With a limit of 4-5 per court, this is a great opportunity for your child to learn the game and improve their strokes and skills. Each player should bring snacks, a lunch and water bottle daily.

Instructors: Bill Shardlow (USPTA/PTR) & Erik Zavasnik (USPTA/PTR)

Dates: Monday, June 22 - Friday, June 26 Time: Mon. - Thurs. 8:30am - 3:00pm, Friday 8:30am - 12:00pm

Grades: Entering 5 - 8

Location: YHS, Tennis Courts

Fee: \$285

St. Peter's Grand Slam Tennis - Junior Camp

The junior tennis camps offered through St. Peter's Grand Slam Tennis Programs are fun, yet challenging and instructional for boys and girls ages 7 - 17 at all skill levels. For the beginner, a progressive format is followed. Each session teaches basic tennis strokes and strategy in an enthusiastic but low-pressure environment featuring the all new USTA Quick Start Tennis Program. For intermediate and advanced players, every session consists of intense drills to refine strokes, conditioning exercises, strategy and competitive match play. Participants should bring snacks, a lunch and water bottle daily.

Instructor: Grand Slam Tennis

Dates: Session 1: Monday, June 29 - Friday, July 3 Session 2: Monday, July 27 - Friday, July 31

Ages: 7 - 17

Location: YHS, Tennis Courts

| Program | Hours | Fee | | |
|--|--------------------|-------|--|--|
| Half Day | 9:00 am - 12:00 pm | \$185 | | |
| Full Day | *9:00 am - 4:00 pm | \$265 | | |
| * Camp hours Friday will be 9am - Noon | | | | |

St. Peter's Grand Slam Tennis - Quick Start Camp

The Quick Start Tennis play format gives kids (ages 7-14) a chance to play their first time out and keep playing without waiting in lines. Grand Slam Tennis players enjoy learning and playing, and they keep coming back for more. The techniques and skills learned "serve" them for the rest of their lives. This program starts players out with the right-sized gear on the right-sized courts, allowing them to develop better techniques early.

Instructor: Grand Slam Tennis Dates: Monday, July 6 - Friday, July 10

Time: 1:30 - 4:30pm Ages: 7 - 14 Location: YHS, Tennis Courts Fee: \$185

Middle School Golf



U14 Middle School Golf Program (Grades 6-8)

Val Halla's Middle School Golf Program is changing slightly in 2020, aiming to operate more similarly to a High School Golf team. The Middle School Golf team will have an instructional practice every Tuesday followed by a competition/play day on Thursday. During Tuesday's practice, juniors will receive hands on instruction from their coaches at Val Halla Golf Course. This may include time spent on the Driving Range, Chipping Green, or Putting Green working on their game. Every Thursday the juniors, that are golf course ready, will participate in a match against their teammates. These matches will be assigned by the coaches based on playing ability and may range from individual matches to team matches.

Our hope is to give Middle School golfers a true golf team experience, one that many of our juniors will experience once they get to High School. Kids of any playing ability are welcomed in this program, as the coaches will tailor their instruction to the playing ability of each junior. Beginners are highly encouraged and welcome to join!

We will be running the program three times over the course of 2020. Our Spring team will start in April and end in June (before school gets out). The summer team will start at the end of June (once school is out) and will end in early August. And our Fall team will start at the end of August and end in early October.

If you have any questions about the Middle School Golf team, please email Nick Plummer, Val Halla Head Golf Professional, at nplummer@cumberlandmaine.com.

Practice Location: Val Halla Golf Course

Time: 3:30 to 5:00 pm

| Session | Days | Dates | Fee |
|---------|--------------|-------------|-------|
| Spring | Tues & Thurs | 4/28 - 6/11 | \$140 |
| Summer | Tues & Thurs | 6/23 - 8/6 | \$140 |
| Fall | Tues & Thurs | 8/25 - 10/8 | \$140 |

Educational Skills Camps

All summer camps have required forms!

*Available online or at YCS

Become a Garden Explorer in the Yarmouth Community Garden

Make friends with lady bugs, grow your own salad fixings and pick fresh berries and flowers in our organic Children's Garden. Garden Explorer Camp takes children on the journey from farm to table. Each week, we'll plant, harvest and taste what we've grown, with garden-themed stories, crafts and active games mixed in. Special guests will join us throughout the season to teach us about the natural world. Our season in the garden begins with a **Start of Summer Celebration on Saturday**, **June 27th 10am-12pm** and ends with kids running their own stall at the Yarmouth Farmers Market. **Please send campers with a snack, drink and clothes that can handle a little dirt. Pre-apply sun block and bug spray before camp**. For more information please visit our website <u>yarmouthcommunitygarden.com</u> and click on "FAQs" or call Camp Instructor Christine Slader at 899-5861.

Instructor: Christine Slader Dates: July 8 - August 26

Day: Wednesdays Ages: 4 - 10

Location: Yarmouth Community Garden

Fee: \$100

| Session Caterpillars | Time |
|-------------------------|-------------------|
| Caterpillars | 9:00am - 10:30am |
| Butterflies | 11:00am - 12:30pm |
| | |

Junior Chef Camp

Join our professional chef each morning to learn to make healthy snacks, meals and desserts from around the world. Kids will get hands on experience cooking and baking, while learning about nutrition, math and culture. Each camper will come home with the recipes and skills to help you in the kitchen and help themselves to something delicious.

Instructor: Stephanie Brewer, Denise Pendleton, Alex Ericson & Isaac Pendleton

Dates: Wednesday, June 17 - Friday, June 19

Time: 9:00am - 12:00pm

Grades: 3 - 5

Location: HMS, Life Skills Room

Fee: \$75

Makerspace Camp!

Mr. Corey, Mr. Smith & Ms. Smith will guide students as they create, think and wonder in the STEAM lab at Frank Harrison Middle School. Three hours of designing, experimenting and creating... What would you make, if nobody told you what to make?

Instructors: Mr. Corey, Mr. Smith & Ms. Smith Dates: Monday, July 13 - Thursday, July 16

Times: 9:00am - 12:00pm

Grades: 1 - 6

Location, HMS, STEAM Lab

Fee: \$130

Educational Skills Camps

Mad Science: Underground Explorers

Kids Learn about archaeology and the techniques scientists use to excavate long lost cities! They discover ancient civilizations and the tools and artifacts they used in everyday life! They also study bone fragments, pottery shards, amber deposits, and fossils to understand what they can tell us about history! What's more, each class includes a make and take-home project, like a fossil reproduction, an amber time capsule, and coins from around the world! Children will take home geodes, fossils, and so much more!

Instructor: Mad Science Staff

Dates: Monday, July 13 - Thursday, July 16

Time: *9:00am - 3:00pm Grades: Entering Grades 1 - 6 Location: HMS, Life Skills Room

Fee: \$235

*Parents may drop off as early as 8:45.

*If parents are more than 10 minutes late picking up

their child, they will be charged \$1/min.

All summer camps have required forms!

*Available online or at YCS

Science Extravaganza Summer Day Camp

Join our week of science extravaganza as we explore the ins & outs, ups & downs, and the all-arounds of science. Launch a rocket, erupt volcanoes, investigate a non-Newtonian fluid, create a hologram...and so much more! You'll be spinning with excitement from all the science FUN!

Instructor: High Touch High Tech Staff - Genia Sklute

Dates: Monday, June 29 - Thursday, July 2

Time: 9:00am - 3:00pm

Grades: 1 - 4

Location: HMS, Portable - Room 124

Fee: \$270

VEX IQ Robotics Camp

Introducing the first ever VEX IQ Robotics Camp! Students will learn about robotics through designing, building, and programming robots using the VEX IQ system. We will learn about robotics, programming, and teamwork during this week of fun activities and challenges.

Instructor: Michael Parker Dates: Monday, August 3 - Friday, August 7

Time: 9:00am - 12:00pm Location: HMS, STEAM Lab

Grades: 2 - 4 Fee: \$90

Brick by Brick Maine: Lego Deep Sea Expedition!

Join the oceanic explorers at the Deep Sea Operation Base! Dive deep in the flatbed submarine to discover the mysteries of the seabed, while collecting water and plant samples with the sub's robotic arm. Will the extra oxygen tanks arrive in time to save the scuba diver from the great white shark? Join us to find out! Camp participants will stay focused with educational stories, Lego builds, games and challenges which promote collaboration, critical thinking and fun! Daily sessions always include time for creative, free-building, too. Campers should bring sunscreen, lunch and am/pm snack everyday.

Instructor: Tracy Carrier Dates: July 6 - July 10

Time: 9:00am - 3:00pm Grades: K - 4 Location: HMS, Life Skills Room Fee: \$286

Summer Sports Camps

The Edge Academy Baseball Camp

The Edge Academy Baseball Camp includes hands on training and innovative drills that improve individual and team skills. Hitting, fielding and throwing are covered daily, along with diamond strength, individual/group training stations and games. Players are taught the latest in baseball fundamentals and have a positive learning experience. FMI: www.edgesportsmaine.com

Instructor: The Edge Academy Staff

Dates: July 13-16

Day: Monday - Thursday (4 days)

Location: North Road Little League Fields Rain Location: 512 Warren Ave., Portland

^{*}At registration sign up for text message alerts to be notified of any rain location changes.

| Ages | Time | Fee |
|--------|------------|-------|
| 6 - 8 | 9am - 12pm | \$100 |
| 9 - 12 | 9am – 3pm | \$180 |

GPS/Clipper Summer Soccer Camp

YCS, along with YHS varsity soccer coach Mike Hagerty, are joining coaches from *Global Premier Soccer*, to offer an additional week of soccer in Yarmouth; a first rate, age-appropriate experience for boys and girls. This camp develops players' skills, knowledge and love of the game of soccer. GPS & Clipper Summer Soccer Camp is for **boys and girls ages 3 - 13**. Each player receives an soccer ball, t-shirt and a daily freeze pop.

Program #: **See schedule to the right** Instructors: Mike Hagerty & GPS Staff Dates: August 10 - 13 (*Rain Date: 8/14*) Days: Monday - Thursday (4 days)

Location: YHS, Turf Field

| Ages | Time | Fee |
|--------|--------------|-------|
| 3 - 4 | 9 am - 10 am | \$60 |
| 5 - 6 | 9 am- 11 am | \$100 |
| 7 - 13 | 9 am - Noon | \$120 |

Clipper All Sports Camp

Have fun and play games in this half-day casual camp. Each day, a choice of supervised games from soccer to kickball to touch football and wiffle-ball is offered. Enjoy a freeze pop break each day! Each camper receives an athletic t-shirt. Age appropriate groups and activities are planned. Session 1 will be located at the YHS, Turf Field. Sessions 2 & 3 will be in the YHS, Gym.

Instructors: Mike Hagerty & Rich Smith

Dates: See schedule to right

Time: 9:00 am - Noon Grades: 1 - 6 (co-ed)

Locations:

Session 1: YHS, Turf Field Sessions 2 & 3: YHS, Gym

| Session # | Dates | Days | Fee |
|-----------|-------------|-------------------|-------|
| Session 1 | 6/22 - 6/26 | Monday - Thursday | \$120 |
| Session 2 | 7/6 - 7/9 | Monday - Thursday | \$120 |
| Session 3 | 7/20 - 7/23 | Monday - Thursday | \$120 |

Summer Field Hockey Camp

This week long camp is a great opportunity to continue to develop in the game of field hockey or try a new sport while learning and improving individual skills, team dynamics and game play. A big emphasis is placed on having fun and working together in a team sport environment. Morning sessions will focus on stick work techniques, passing and receiving as well as fun relays while the afternoon session will focus on offense, defense and positioning. Each day we will finish with short-sided games and scrimmaging! Each camper will be given a reversable pinnie at the start of the week. Sticks, shin guards, eye protection, mouth guard, water bottle, and snack (as well as lunch for full day campers) are required.

Instructors: Angela Nasveschuk, Danielle Lane

& Bre Morrill

Dates: Monday, July 6 - Friday, July 10

Grades: 2 - 8

Location: YHS, Turf Field

| Session | Time | Fee |
|----------------------|------------------|-------|
| Half Day | 9:00am - 12:00pm | \$150 |
| Half Day Full Day | 9:00am - 3:00pm | \$225 |

Lacrosse Camps

All summer camps have required forms!

*Available online or at YCS

Gray Wolves Boys Lacrosse Camp

Gray Wolves Lax was previously called Grip and Rip Lacrosse - the camp is going onto its 10th year. The camp is directed by its founder and Hobart D1 (and Yarmouth) standout Sam Miller. Sam is also an assistant coach for the boys varsity team at Yarmouth High School.

This camp strives to spark interest in the game of lacrosse while having fun and teaching the skills needed to play at the next level. Designed for boys entering grades 3 to 7, this camp teaches players stick skills, position skills and basic offense and defense systems through fun lacrosse drills and games. Players learn about the importance of teamwork, work ethic, and sportsmanship.

Players of any skill level are welcome and full equipment is required (stick, gloves, elbow pads, shoulder pads, helmet & cleats).

Instructors: Sam Miller

Dates: Monday, July 13 - Thursday, July 16

Time: 9:00 am - Noon Location: YHS, Turf Field

Grades: 3 - 7 Fee: \$140

Downeast Boys & Girls Sticklets Lacrosse

Learn the game of lacrosse and basic skills through team play. Players learn how to hold the stick, throw, catch, cradle, shoot and dodge. During the program players progress to basic defense, team offense and scrimmages. Protective eyewear is required. Please inform YCS at registration if you need to borrow a lacrosse stick

Instructor: Dorothy Holt & Jill Thomas Dates: Monday, July 20 - Friday, July 24

Time: 4:00pm - 5:00pm

Grades: K-2

Location: YHS, Turf Field

Fee: \$75

Downeast Lacrosse Camp for Girls

Learn Lacrosse in this one-week clinic designed for girls entering grades 3 - 9. This intensive lacrosse camp focuses on instruction in offensive and defensive skills, positional play, rules and mental preparation, Participants must bring cleats, protective eyewear, lacrosse stick, mouth guard and water bottle daily.

Instructor: Dorothy Holt & Jill Thomas Dates: Monday, July 20 - Friday, July 24

Time: 1:00pm - 4:00pm

Grades: 3 - 9

Location, YHS, Turf Field

Fee: \$180

Outdoor Adventure Camps

Kayaking and Paddleboarding Camp

Kayak and Paddleboard every day for a week off of Sandy Beach on Cousins Island! Games, arts and crafts, kayak fishing and an 8 person monster paddleboard will all be included. Participants will learn about paddling techniques, rescues and safety of paddling the Coast of Maine. A daily snack and drink is provided and all paddlers will receive a Paddling t-shirt and a certificate. * Participants should be prepared for a change in weather conditions. If a change in the schedule is made, all participants will be notified by phone.

Instructor: Seaspray Kayaking Staff Dates: Monday, July 13 - Friday, July 17

Ages: 8 & Up

Location: Sandy Point Beach Parking Lot,

Cousins Island

| Session | Time | Fee |
|----------------------|----------------------------------|----------------|
| Half Day Full Day | 9:00am - Noon 9:00am - 4:00pm | \$260 \$390 |
| | | |

Island Overnight Advanced Kayak Camp - 4 Days & 2 Nights!

After spending all day Monday refreshing paddling skills reviewing the equipment list and preparing for the expedition, participants will head home to pack and be ready to explore Casco Bay for the next three days by sea kayak. Guides from Seaspray Kayaking will teach participants how to read the charts and navigate to their island campsites. Participants will play games, go on adventures, cook their food and enjoy evening campfires. This week is designed for Kids who have some prior kayaking experience. Participants will plan out the menu on Monday, but should remember to bring lunch for Tuesday. All Kayakers will receive a kayaking T-Shirt! Kayakers should be prepared for a change in weather conditions. * If a change in the schedule is made, all participants will be notified by phone.

Instructor: Seaspray Kayaking staff

Dates: Monday, August 10 - Thursday, August 13 (overnight Tues. & Wed.) Time: 9:00am - 4:00pm Monday, 9:00am Tuesday - 4:00pm Thursday

Ages: 10 & Up (with some paddling experience)

Location: Sandy Point Beach Parking Lot, Cousins Island

Fee: \$390



Yarmouth Anglers

Join us this Summer for 3 days of fishing adventure! Each day, we will travel to different freshwater fisheries to target species including smallmouth bass, largemouth bass, sunfish and yellow perch. Anglers will learn the basics of casting, landing fish, knot tying, bait trapping, bait selection, fish behavior and more.

Instructors: YCS Staff Time: 9:00am - 2:00pm

Grades 2 - 5

Location: Yarmouth Historical Society

Fee: \$165

| Session | Date | Rain Date |
|-----------|--|-----------|
| Session 1 | Wednesday, June 17 - Friday June 19 | N/A |
| Session 2 | Tuesday, August 18 - Thursday, August 20 | 8/21 |

^{*} Dates for session 1 could change, dependent upon snow days.

All summer camps have required forms!

*Available online or at YCS

Outdoor Adventure Camps

Quest Seekers

Quest Seekers is a 4-day letterboxing camp for kids entering 2nd-5th grade! A cross between geocaching and treasure hunting, letterboxing is an outdoor activity for participants to follow clues and riddles leading to hidden letterboxes on local hiking trails. Kids will search for letterboxes, make trail names, carve stamps, and make their own letter boxes to hide for others.

Instructors: YCS Staff Dates: August 10 - 13

Grades: 2 - 5

Time: 9:00am - 12:00pm

Location: Yarmouth Historical Society

Fee: \$120

All summer camps have required forms! *Available online or at YCS

Summer Sports Tournaments

<u>Summer Wiffleball Classic</u>
Join us on Tuesday, August 25th for the Summer Wiffleball Classic at North Road Fields! Players will be split into teams and play a series of games in a round robin format. Pre-registration is required, and teams will be made at the event to promote even match ups. Participants should bring a lunch, water bottle, and comfortable clothing/footwear.

Coordinators: YCS Staff Date: Tuesday, August 25th Time: 10:00am-2:00pm

Grades: 5 - 8

Location: North Road Field

Fee: \$10/person

Registration Deadline: August 21st

Summer Kickball Classic

Wrap up summer vacation with the Summer Kickball Classic! Teams will be formed by YCS staff to keep games evenly matched in a round robin format. Pre-registration is required. Participants should bring a lunch, water bottle and comfortable clothing/footwear.

Coordinators: YCS Staff Date: Thursday, August 27th Time: 10:00-2:00pm

Grades: 5 - 8

Location: North Road Fields

Fee: \$10/person

KICKBALL

Fall Soccer

YARMOUTH COMMUNITY SERVICES SOCCER LEAGUE (YCS)

The YCS Soccer League is an instructional approach to soccer for boys and girls. Learn the fundamentals of soccer such as: offense, defense, sportsmanship and, most importantly, fun, through various drills and games. The program's focus is to help players build the skills and foundation that assist them in progressing to the next level. Saturday games and one early evening week-night practice is scheduled each week. <u>In the event</u> we are unable to form gender specific teams, co-ed teams will be created.

Program #: See schedule below

Dates: Saturdays, September 5- October 10

Ages: 6-7

Location: North Road Fields

Fee: \$60



Registration Deadline is July 31st



VOLUNTEER SOCCER COACHES NEEDED!

Please help us to provide quality sports programs for Yarmouth youth. Volunteer to be a soccer coach. Please give us a call at 846-2406 to sign up!

Colts Soccer Information Night Monday, April 6th 6:00-7:15pm Harrison Middle School Cafeteria

YARMOUTH COLTS SOCCER CLUB - FALL TRAVEL SEASON

The Yarmouth Colts Soccer Club provides a fall travel soccer program for players entering 3rd grade through 8th grade. Any child who is 8 years old (by July 31st) or turns 8 before October 15th and is entering 3rd grade in the fall is eligible to play. All players new to Colts must provide a copy of their birth certificate for the Fall soccer league.

Colts Early Bird registration is \$150 and will be open from Monday, April 6th to Thursday, April 30th. From May 1st to May 31st, the registration cost is \$175. A late fee will be added after May 31st. Online registration will open at Colts Soccer Info Night on Monday, April 6th . www.yarmouthcolts.com

For players in grades 3rd-6th (U9, U10, U11, U12) balanced teams will be created in early June. Coaches will reach out to players by mid June.

Players entering grades 7th-8th (U13 and U14) will participate in evaluations. Evaluation dates are in May. Once the dates are determined, detailed information will be emailed to all registered players, **and posted to our website.** The evaluation process will be discussed at the Info night, with time for questions. Prior to evaluations, there will also be a player session with Coach Hagerty.

Registration for **Colts Summer Camps** will also be open online on April 6th. Scholarships are available for both Colts Fall Soccer and Colts Camps. Registration reminders will be sent to previous players via TeamSnap.

For additional information visit our website www.yarmouthcolts.com or follow us on Facebook Yarmouth Colts. Please feel free to email us if you have any questions, need registration help or would like to request a scholarship info@yarmouthcolts.com

Fall Sports

Royal River Ramblers - Fall Season

Participants are introduced to several aspects of running with an emphasis on having fun in this ever popular program for boys and girls, grades 1-6. Practices are held on Mondays and Fridays. **Meets are held with teams from other communities on Wednesdays.** A meet schedule will be distributed during the first week of the program. Parents must provide transportation to away meets.

Instructor: Bob Priest

Dates: Sept. 18- Oct. 19 (skip 10/12) Practice Days: Monday & Friday (6 weeks)

Practice Time: 3:30pm - 4:30 pm

Meet Day & Time: Wed., 3:30 - 5:30 pm (approx.)

Grades: 1 - 6

Location: Drop-off & Pick-up will be at Rowe School. Practice & home meets in Royal River Park.

Fee: \$65

YCS Pip Squeak Soccer

Pip Squeak soccer is for **boys and girls** ages 3 - 5 to learn about soccer. The program is designed to introduce tots to the game of soccer in a fun and relaxed environment. The program is taught by the boys and girls YHS Varsity Soccer coaches and their teams.

Dates: **Sept. 5 - Oct. 10** (rain makeup 10/17)

Day: Saturday

Location: YHS, Turf Field

Fee: \$50

| Ages | Time | Coach |
|-------|---------------|---------------------------------|
| 3 - 4 | 8am - 8:45 am | Coach Andy Higgins Mike Hagerty |
| 5 | 9am - 9:45 am | Mike Hagerty |

Youth Field Hockey League (Grades 2-6)

This youth field hockey league teaches the fundamentals of field hockey such as: offense, defense, sports-manship and fun through various drills, game play and scrimmages. During the program players progress to learn basic defense, team offense and positioning on the field. Practices are on Wednesdays after school and Clinics and Drills are skill-based on Saturday mornings. **Shin guards, sticks, eye protection and mouth guards are required. Volunteer coaches are needed.**

League Coordinator: Angela Nasveschuk, YHS Varsity Coaches & Players (Saturdays),

Danielle Lane (Wednesdays & Sundays)

Dates: September 9 - October 11

Days, Times & Location: Wednesdays (3:30pm - 4:45 pm) - Winslow Football Field

Saturdays (10:30am - 11:30 am) - YHS, Turf Sundays (varying times & locations) - Scrimmages

Grades: 2 - 6 Fee: \$125

Saturday Morning Pee Wee Field Hockey (Grades K & 1)

Yarmouth Pee Wee Field Hockey is an opportunity for kids entering grades K-1 to learn the skills involved in playing field hockey. Coaches and players of the 2019 & 2020 YHS field hockey program lead a variety of drills to teach game skills while focusing on having fun! Shin guards, sticks and mouth guards are required.

Instructor: Angela Nasveschuk, YHS Varsity Coaches & Players

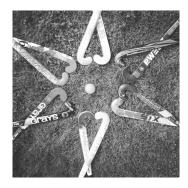
Date: Saturdays, September 12 - October 10

Time: 10:30am - 11:30 am

Grades: K - 1

Location: YHS, Turf Field

Fee: \$65



Summer Football Camp & Fall Football

1st and Ten Football

Come and learn the skills of football from Coach Hartman and the Yarmouth High School football coaches. We will show you how to catch, run, and throw a football. No equipment needed.

Instructors: Jim Hartman

Dates: Monday, June 29 - Thursday, July 2

Grades: 2 - 8

Location: YHS, Turf Field

Fee: \$75

| Grades | Times |
|--------|-------------------|
| 2 - 5 | 9:00am - 10:30am |
| 6 - 8 | 10:30am - 12:00pm |

Register through YCS: yarmouthcommunityservices.com or yarmouthcommunityservices.org

2020 Middle School Football Registration

Yarmouth Football Association (YFA) has teamed up with Yarmouth Community Services to handle middle school football registration for 2020. All players are welcome and are placed on age-appropriate teams which practice during the week and participate in games on the weekends in Yarmouth or nearby towns. All equipment is included except for cleats and mouth guards.

For more information on this league, please visit www.yarmouthfootball.com

| 2020 Inform | Football nation |
|------------------|--------------------|
| <u>Grade</u> | |
| 7 | \$75 |
| 8 | \$75 |

Yarmouth Youth Football 2020 Information & Registration Night

> Date: Sunday, April 5 Harrison Middle School 5:00pm - 7:00pm

For more information, visit www.yarmouthfootball.com



NFL Flag Football

NFL Flag Football for grades K-6. Play in NFL-sanctioned league with NFL Flag jerseys against teams from Cumberland to Saco. One weekday practice and one weekend game per week. This league plays 5 vs. 5 and is fun, fast, and exciting. Go to www.yarmouthfootball.org for more info. or email Jason Jabar: Jason@jldme.com. Register for this program with Yarmouth Community Services. Leagues are K-1, 2-3, 4-5, and 6th grade.

Dates: Begins in early September

Grades: K - 6

Location: Winslow Fields

Fee: \$60

Merrill Memorial Library

215 Main Street Yarmouth, Maine 04096 (207) 846-4763 www.yarmouthlibrary.org

SUMMER READING PROGRAM - Imagine your story!

Join us for the annual all-ages summer reading program. We will roll out the program once school is dismissed and keep it going through the summer with weekly activities, challenges, visiting authors and much, much more.

STORY HOURS

Baby Bounces & Books (0-2yrs): Fridays 10:15am - 10:30am Tales for Twos: Fridays 11:00am - 11:30am Preschool Tales & Tunes: Thursdays: 10:30am - 11:00am

TECHSPRESSO

Walk-in technology help and free coffee every Tuesday 2:00 – 3:30. BYO device and questions.

TAIL WAGGIN' TALES: For kids of all ages

Children practice read-aloud skills to certified therapy dogs that provide a calming, attentive and non-judgmental presence for burgeoning readers. Sign-up in advance for a 15 minute time slot on Friday afternoons 3:45pm - 4:45pm, call to register (207) 846-4763.

OTHER FUN STFF

Monthly Monday Matinee – last Monday of the month 1:00pm, current release motion picture Merrill Film Society – 2nd & 4th Wednesdays 7:00pm, classic film series Book discussion groups for adults and kids – see our monthly calendar Program a robot, play Minecraft, meet an author, share poetry, download a book, get a free pass to an area museum or State Park – all you need is a Library card!

Yarmouth History Center



= SPRING LECTURE SERIES



Tuesday, March 10, 7:00 pm

Maine's Irish Longshoremen

Michael Connolly, Professor of History and Political Science, St. Joseph's College



Tuesday, April 14, 7:00 pm

Stagecoaches in Maine, Lee Hanchett, Historian



Tuesday, May 19, 7:00 pm

Winston Churchill: The Wilderness Years, 1915 - 1935
Nancy Ellenberger, Professor Emerita, U.S. Naval Academy



Tuesday, June 16, 7:00 pm

1816: The Year Without a Summer, Jan Eakins, Historian

Yarmouth History Center & Stonewall Gallery, 118 East Elm Street Hours: Tuesday—Saturday 10:00am to 5:00pm yarmouthmehistory.org The lecture series is sponsored by the Leon and Lisa Gorman Fund.

Yarmouth Community Garden

Come Learn & Grow with us in 2020!

Garden Plot Renters get a 10'x10' sunny organic plot at a cost of \$40 per plot for Yarmouth residents/\$43 for non-residents. Plots include fencing, tools, water, compost, and gardening advice.

Register now: call (207) 846-2406, visit yarmouthcommunityservices.com or stop by YCS.

Renters are asked to volunteer in our community plot or children's garden:

- 1 plot 6 volunteer hours
- 2 plots 10 volunteer hours
- 3 plots 12 volunteer hours
- 4 plots 14 volunteer hours

Our harvest and work days are Tuesday and Saturday mornings throughout the growing season. Volunteers are welcome and staff will provide guidance.

- Look for us on East Main Street near the Yarmouth Transfer Station at the Frank Knight Forest.
 - We grow over 4,000 pounds of organic vegetables
- We donate all our produce to: Yarmouth Community Food Pantry, Meals on Wheels, Yarmouth Senior Housing, and Lunch Crunch program for children
 - Check-out our Children's Garden Camp and Summer Celebration

Find out more at our website: www.yarmouthcommunitygarden.org or visit us on Facebook.

Learn More at Our Annual Spring Orientation for new and returning renters on April 13th at 7:00pm - Town Hall, Community Room

Curbside Brush Collection

April 27th - May 1st: Schedule will be advertised on website and in The Notes.

Free Disposal Week at the Transfer Station



The Town will be holding a Free Disposal Week at the Transfer Station & Recycling Center **beginning on Saturday, April 25th, 2020** and ending on Sunday, May 3rd, 2020. There will be no fees for residents during this week for items listed below. There will be a fee for tires and 20 lb. propane cylinders - a reduced rate of \$2.00 each. Commercial truck tires (20" and up), along with equipment tires will be \$10.00 each. Tires and propane cylinders can be paid for by punch card. No cash will be accepted at the facility. TV, Computers, Monitors, Keyboards, Mouse, Laptops, CPUs, Printers, Scanners and UPS will be accepted during this time.



General Telephone:
(207) 838-2261
Email: ycan@YCAN.info
Website: ycan.info

Do you need help finding resources to support your family?

The YCAN Resource Guide describes a number of regional resources that can offer help. Copies are available at: YCAN.info website, Town Hall, YCS, Merrill Memorial Library, and the School Guidance Offices.

Interested residents and/or volunteers are welcome! If you would like to assist YCAN in supporting our neighbors in need, we welcome your time, talent, and/or treasure. Help with our Food Pantry and Rides Program.

Volunteer one hour or many: any amount of time donated makes an impact right here in our community.

Rides Program Phone: (207) 329-7295



Located

at the First Parish Church 116 Main Street, Yarmouth (Rear entry on Storer Street)

Hours

Tuesday & Friday: 10am - Noon, Wednesday: 5 - 7pm Please note: *The Food Pantry is CLOSED when Yarmouth Schools are closed due to inclement weather.*

Contacts

YCAN 207-838-2261

Susan Granai: susangranai@gmail.com

Donations to the Food Pantry may be dropped off at the Yarmouth Town Hall during business hours or at the First Parish Church from 9am - 2pm weekdays. Our generic needs are canned meats, canned pasta with meat, hearty soups and stews, pasta sauce, boxed meal helpers, boxed meal sides and personal care items. If you are 55+ and would like to receive a "Senior Box" filled with shelf stable food, please contact us and we will connect you with those responsible for that project.

Yarmouth's Aging in Place Initiative 2020

Printed Resources of Services available at Merrill Library and Town Hall

Coordinated Services

<u>Friendly Visitor Program</u>: Volunteers who will visit you at your home regularly to provide companionship and friendship.

<u>Phone Pal Program:</u> Offers a volunteer who will regularly call you for a friendly chat. **Handy Helper Program:** Offers a volunteer to assist you with light household maintenance duties.

Who should I call if I need help?

Southern Maine Area on Aging Coordinator: Zany Holman -Yarmouth Resource Specialist #835-9866 SMAAResource@yarmouth.me.us



Online Resources Listing:

www.ycan.info Need Senior Services Tab



Yarmouth Clam Festival July 17 - 19, 2020

Clamfestival.com



The Old Meeting House

Located on Hillside St. is available for weddings!

FMI about the Meeting House check the Yarmouth Village Improvement Society website at yarmouthvis.org or call Deb Hopkins at 829-9998 for availability and more info.

Medical Equipment Loan Closet

Loans a wide variety of health aides to **Yarmouth residents**.

Items include wheel chairs, walkers, commodes, beds, crutches & more.

Call YCS at 846-2406 to make a request or donate!

STAY Program Senior Tax Assistance Yarmouth

A property tax refund for lower and moderate income senior homeowners and renters. The Town of Yarmouth offers a tax refund to seniors who meet specific criteria. Applications available at Town Hall, YCS, and MML.

Deadline to apply - April 30th, 2020

For more information, please call: (207) 846-9036.

8th Annual PTO Bike Swap

May 1st: Drop off any gently used bike, scooter, tag-a-long, or jogging stroller, 4-8 pm.

May 2nd: Buy new wheels! 9-11 am.

Location: YES, Gym

The PTO can help price and tag your items. 20% of the sale goes to benefit the Yarmouth PTO K-8 student enrichment programs. Direct bike donations are also gladly accepted.

FMI: info@yarmouthpto.org

YARMOUTH FIRE-RESCUE

NEEDS LOCAL VOLUNTEERS NOW!



Provide service to your community; learn valuable skills that could save a loved one or neighbor; meet other civic minded members of our town; and challenge yourself.

BECOME A VOLUNTEER FIREFIGHTER OR EMS PROVIDER! Call YFR @ 846-2410.

Yarmouth Public Works Open House

At the Public Works Garage and Parking Lot, North Rd.

May 16, 2020 - 9:00am - 1:00pm Tour the Garage - Kids' Games Door Prizes - Refreshments Explore Trucks, Gear & Equipment

With the Public Works, Parks, Recycling, Fire, Police & Pollution Control Departments

PARKS & OPEN SPACES LOGO CONTEST

Yarmouth's Parks and Lands Committee invites town residents of all ages who value and appreciate our parks, vistas, and water access to submit designs for a **new logo representing Yarmouth's Parks and Open Spaces**. The logo and new sign system are intended to provide a consistent and easily recognizable identity for our town's many and varied public spaces.

YOUR LOGO HERE

The logo should be adaptable to oval, rectangular, square shape and the size should be scalable. Designs should be easily recognizable from a distance and should capture the elements and values detailed in Yarmouth's Open Space Guide (yarmouthcommunityservices.org) and the Town's new Open Space Plan (yarmouth.me.us). A jury of local designers will screen the entries and the process of selecting a winner will be announced.

All entries must be submitted to Yarmouth Community Services, attention Karyn MacNeill, by May 31, 2020. The winner will be displayed on July 8, 2020 at the first Summer Arts Series evening concert in Royal River Park at 6:00pm. Celebrate YCS's 40th birthday that night with a slice of pie!

33rd Annual Easter Egg Hunt Saturday, April 11th Yarmouth Elementary School Playground Ages: 2-7 FREE!



The event is the Egg Hunt - don't be late... at 10:00am we open the gate!

A balloon artist will be roaming and making all sorts of creations to take home. Take a picture with the Easter Bunny!

Start your trick or treating with us...

TRUNK-OR-TREAT with yes



Date: **Saturday, October 31, 2020**Time: **4:00pm - 6:00pm**

Location: Rowe School, Rain Location: Rowe School, Gym

4:00pm - Trunk-or-Treat opens for games & activities 5:00pm - Costume Contest

Join us outside the Rowe School for Halloween music, games, fun activities and candy!

Come dressed ready for our costume contest.

We are looking for businesses, restaurants, non-profits, schools, churches, and neighborhood or youth groups to join us in celebrating Halloween in a safe and fun way by decorating a vehicle and providing a treat for this event. Treats will include food and non-food options.

Does your group or organization want to join us? Contact YCS (207) 846-2406 or email us: YCSadmin@yarmouth.me.us

Yarmouth Parks, Recreation & Community Services 200 Main Street Yarmouth, ME 04096

U.S. Postage

Paid
Permit No. 5
Yarmouth, ME 04096
ECR-WSS

Postal Patron Yarmouth, ME 04096



Tickets will be available in late May...so, save \$\$\$ and buy your discount tickets at Yarmouth Community Services!



CALL 846-2406 for 2020 discount prices.

Save the Dates...

- April 1 Open enrollment in Clipper Care for <u>Current Families</u>
- ♦ April 11 Annual Easter Egg Hunt
- ♦ May 1 Canoe rental season begins
- May 1 Open enrollment in Clipper Care for New Families
- ♦ May 16 Public Works Open House
- ♦ June 5 Movie in the Park: SING
- ♦ June 13 Chili & Chowder Cookoff
- ♦ June 22 LUNCH CRUNCH begins!
- July 8 YCS Birthday Party at Royal River Park & Summer Arts Series Shows
- ♦ July 15 Summer Arts Series
- July 22 Summer Arts Series
- ♦ July 29 Summer Arts Series
- ◆ July 31 YCS soccer league deadline
- ♦ August 5 Summer Arts Series
- ♦ August 7 Movie in the Park: SPACE JAM
- August 25 Wiffleball Classic
- August 27 Kickball Classic

Saturday, June 13, 2020 Royal River Park: 4:00 - 7:00pm

Yarmouth's
Chili &
Chowder
Cookoff



TICKETS

Order tickets online: www.yarmouthcommunity services.com

> \$10 - Adults \$8 - 12 & Under

On-line Registration begins March 30th
Phone & Walk-in resident registration begins April 2nd
Non-Resident registration begins April 7th